HAYY IBN YAQZĀN a Philosophical Tale of IBN TUFAYL

In the name of God, the Merciful and Compassionate.
God bless our master Muhammad,
his house and companions and grant them peace.

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Noble brother, my dear, kind friend, God grant you eternal life and everlasting happiness. You have asked me to unfold for you, as well as I am able, the secrets of the oriental philosophy¹ mentioned by the prince of philosophers, Avicenna.² Then you must know from the start that if you want the truth without flummery you must seek it and seek it diligently.³

Your request set off a stream of ideas in me-praise Godwhich lifted me to a state of sublimity I had never known before, a state so wonderful "the tongue cannot describe" or explain it, for it belongs to another order of being, a different world. But the joy, delight and bliss of this ecstasy are such that no one who has reached it or even come near it can keep the secret or conceal the mystery.⁵ The lightheadedness, expansiveness, and joy which seize him force him to blurt it out in some sweeping generality, for to capture it precisely is impossible. If he be the sort whose mind has not been sharpened by intellectual pursuits, he may speak unwisely.7 Thus in this state one said "Praise be to me, great am Í!"8 Another said "I am the Truth"; another, "There is within this robe nothing but God!"10 It was his own attainment of this ecstasy that Ghazālī¹¹ attempted to portray when he wrote:

Notes to the Text begin on p. 167.

It was—what it was is harder to say.

Think the best, but don't make me describe it away.¹²

But his was a mind refined by learning and education.¹³

Look at the words Ibn Bājja appended to his discussion of communion with the divine: 14 "Once these ideas are understood it will be clear that nothing learned in ordinary studies can reach this level. For once this concept is grasped the mind can see itself as cut off from all that went before, with new convictions that cannot have arisen from the world of matter, too splendid to have sprung from the material since they are cleansed of all the compositeness characteristic of the physical world. Surely it would be more appropriate to call them divine ecstasies granted by God to those He will."

The level to which Ibn Bājja refers is reached by use of reason, and no doubt he reached it—but he did not surpass it. The level of which I spoke at the outset is something quite different, 15 although the two are alike in that nothing revealed here contradicts what is revealed by reason. 16 The difference is in an increase in what is seen and in the fact that this is experienced through what I must, only figuratively, call a faculty: 17 For neither in popular language nor in specialized terminology 18 can I find any expression for it.

This ecstasy, to the taste of which 19 I was brought by your request, is one of a number of stages in the progress of the devotee,20 as reported by Avicenna: "Then, when his training and willpower reach a certain point, glimmerings of the light of Truth²¹ will flicker before him, thrilling him like lightning, flashing and going out. If he is diligent in his ascetic practice, these spells grow more and more frequent, until they come unasked, en-trancing him without the use of exercises. No matter what he sees, he will turn from it to the Sacred Presence, reminded of some aspect of the Divine, and again he will be overwhelmed. Thus he begins to see the Truth in everything.²² Finally his efforts bring him to a stage where his moment of recognition turns to tranquil contemplation; his stolen glimpses, familiarity; his spark, a limpid flame. He has gained an understanding²⁸ as unshakable as that of an old friendship."²⁴

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Avicenna goes on to describe the gradual progress²⁵ of the devotee, culminating as "his inmost being becomes a polished mirror facing toward the truth. Sublime delight pours over him and he rejoices in his soul at all the marks it bears of Truth.²⁶ At this level he sees both himself and the Truth. He still hesitates between them; but then, becoming oblivious to self, he is aware only of the Sacred Presence—or if he is at all aware of himself, it is only as one who gazes on the Truth. At this point communion is achieved."

Now these states, as Avicenna describes them, are reached not by theorizing, syllogistic deductions, postulating premisses and drawing inferences, but solely by intuition.²⁷ If you wish an analogy to make clear the difference between this sort of apprehension and all others, imagine a child, growing up in a certain city, born blind, but otherwise intelligent and well endowed,28 with a sound memory and an apt mind. Through his remaining channels of perception he will get to know the people as well as all sorts of animals and objects, and the streets and alleys, houses and markets-eventually well enough to walk through the city without a guide, recognizing at once everyone he meets. But colors, and colors alone, he will know only by descriptive explanations and ostensive definitions.²⁹ Suppose after he had come this far, his eyesight were restored and he He would walk all through the town finding could see. nothing in contradiction to what he had believed, nor would anything look wrong to him. The colors he encountered would conform to the guidelines that had been sketched out for him. Still there would be two great changes, the second dependent on the first: first the daybreak on a new visual world, and second, his great joy.80

Those who merely think and have not reached the level of love³¹ are like the blind. The colors, at that stage known only by accounts of their names, are those experiences which Ibn Bājja said are "too splendid to arise in the physical world", which "God grants to those of his worshippers whom He chooses." But to those who reach love, God grants what I purely metaphorically call another faculty. This corresponds to the restoration of sight. And some-

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times, rarely, there comes a man whose eyes, as it were, are always open, whose glance is always piercing, who does not need to search.⁸²

When I speak of the rationalists' method—God raise you to the level of love!—I do not confine myself to their knowledge of the physical world, any more than I confine myself to the metaphysical when I speak of intuition. The two modes of apprehension are quite distinct and are not to be confused, but what I mean by the rationalist's apprehension includes his understanding of the metaphysical—for example, that of Ibn Bājja. It is a necessary condition of what is reached by pure reason that it be true and valid. Thus the difference between the rationalist and those who enjoy intimacy is that while both are concerned with the self-same things, the latter enjoy a clearer view and far greater delight.

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Ibn Bājja censured them for the pursuit of this joy. He claimed it was a product of their imagination and even promised a clear and distinct description of just how ecstasy ought to be enjoyed. Here is the answer he deserves: 'Do not declare too sweet fruits you have not tasted, and do not trample on the necks of the saintly.'38 The man did not, in fact, keep his promise or any such thing. What prevented him, perhaps, was that, as he himself says, he was pressed for time with the trouble of getting down to Oran. Or perhaps he felt that describing this state would force him to say something derogatory to his own way of life or at odds with his encouragement of amassing wealth and of the use of various artful dodges to acquire it. But I digress.

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It seems clear now that your request must fall within either one or the other of these two objectives: You may be asking what is actually seen by those who undergo the experience and reach intimacy. If so, this is something which cannot be put into a book.³⁴ Whenever anyone tries to entrust it to words or to the written page its essence is distorted and it slips into that other, purely theoretical branch of discourse. For, clothed in letters and sounds and brought into the perceptible world, it cannot remain, in any way, what it was. Accounts of it, thus, differ widely. Many stray into error by trying to describe it, yet presume others

to have strayed who never left the path. All this is because it is something vast, infinite—encompassing, but unencompassed.⁸⁵

But on the other hand you may desire a discursive, intellectualized introduction to this experience. And this—God honor you with His intimacy—is something that can be put into words and set down in books. But it is rarer than red sulfur,³⁶ especially in our part of the world.⁸⁷ For the experience is so arcane that only one lone individual and then another³⁸ can master the most trifling part of it. And even those who do win some bit of it, speak of it publicly only in riddles, because our true, orthodox and established faith guards against a hasty plunge into such things.

Do not suppose the philosophy which has reached us in the books of Aristotle and Fārābī or in Avicenna's Healing³⁹ will satisfy you if this is what you need, or that any Andalusian has written anything adequate on this subject. The reason is that before the spread of philosophy and formal logic to the West all native Andalusians of any ability devoted their lives to mathematics. They achieved a high level in that field but could do no more. The next generation surpassed them in that they knew a little logic. But study logic as they may, they could not find in it the way to fulfillment. It was one of them who wrote:

How can it be that life's so small. Two sciences we have—that's all. One is truth beyond attaining; The other vain and not worth gaining.⁴⁰

This generation was succeeded by a third, better thinkers and closer to the truth. Of these none had a sharper mind, a sounder method, or truer views than Ibn Bājja. But he was so preoccupied with material success that death carried him off before his intellectual storehouses could be cleared and all his hidden wisdom made known. Most of his extant books are unfinished and break off abruptly before the end like his *De Anima*, his *Discipline of the Solitary*, and his writings on logic and natural science. His only completed works, in fact, are outlines and hasty essays. He

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himself admits this when he says that the argument for the idea he was trying to convey in his *Essay on Commu*nion with the Divine was put into clear language only with painful difficulty, that in places the organization is weak, and that if he'd had more time, he'd have liked to have rewritten it. This is as much as I can find out about the man, since I never knew him personally.⁴¹

As for those of his contemporaries allegedly on a par with him, I have seen none of their works. Their successors, however, our own contemporaries, are as yet at a developmental stage, or else their development has halted prematurely—unless there are some of whom I don't yet have a full report.⁴²

Those of Fārābī's books that have reached us are for the most part on logic, and those on philosophy are full of doubts.48 In The Ideal Religion he affirms that the souls of the wicked live on forever in infinite torments after death. But in his Civil Politics he says plainly that they dissolve into nothing and that only the perfected souls of the good achieve immortality. Finally in his commentary on Aristotle's Ethics, discussing human happiness, he says that it exists only in this life, and on the heels of that has words to the effect that all other claims are senseless ravings and old wives' tales. 44 This makes mankind at large despair of God's mercy. It puts the wicked on the same level with the good, for it makes nothingness the ultimate destiny of us all. This is an unspeakable lapse, an unforgivable fall. This on top of his mis-belief, openly avowed, that prophecy belongs properly to the imagination, 45 and his preference of philosophy to revelation—and many more failings which I pass over.

As for the works of Aristotle, Avicenna undertook an exposition of their contents, in accordance with Aristotelian thinking, and he followed Aristotle's philosophical approach in his own *Healing*. But at the start of the book he admits that the truth for him is something quite different; this book was written in the manner of the Peripatetics, but if you want the truth without obfuscation you must study his writings on oriental philosophy. If you take the trouble to plough through the *Healing* and the Aristotelian corpus,

you will find that on most subjects they agree, although there are some things in the *Healing* that don't come down to us in Aristotle. But if you take everything in Aristotle and the literal reading of the *Healing* (without grasping its subtle, inner meaning) you will end up, as Avicenna warns, far from perfection.

Even Ghazālī's works, because he preached to the masses, bind in one place and loose in another. First he says a thing is rank faithlessness, then he says it's permissible.46 One ground on which he charges the philosophers with unbelief in The Incoherence of the Philosophers is their denial of the resurrection of the flesh and their assertion that only souls are meted out rewards and punishment. But at the beginning of A Scale of Actions⁴⁸ he definitely attributes this belief to the Sūfī masters, while in the Rescue from Wrong and Discovery of Ecstasy⁴⁹ he says that he accepts the Sufi teaching although he came to it only after long searching.⁵⁰ Much of this sort of inconsistency will be found in his books by anyone who spends long studying them. He even offers some apology for this practice at the end of the Scale of Actions, in his tripartite division of ideas into those held in common with the masses, those exhorting all who seek the truth, and those a man keeps to himself and divulges only to people who share his beliefs.⁵¹ Finally he writes "If my words have done no more than to shake you in the faith of your fathers, that would have been reason enough to write them. For he who does not doubt does not look; and he who does not look will not see, but must remain in blindness and confusion." He illustrates the point with this couplet:

> Forget all you've heard and clutch what you see— At sunrise what use is Saturn to thee?⁵²

Such apothegms were characteristic of his teaching. Most of what he said was in the form of hints and intimations, of value to those who hear them only after they have found the truth by their own insight or to someone innately gifted and primed to understand. Such men need only the subtlest hints.⁵³

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In his Gems of the Qurān Ghazālī said that he had written certain esoteric books which contain the unvarnished truth. So far as I know no such book has reached Spain, although some claim that certain books we have received are in fact this hidden corpus. Nothing could be further from the truth. The books in question are Modes of Awareness and The Smoothing, the Breath of Life, and Related Problems. Granted that these books contain many hints, they still add little to what is disclosed in his better known works. His Perfect Understanding of the Lovely Names of God, in fact, has matter far more recondite than these, and Ghazālī himself tells us that this is not an esoteric book—which means that these which we have could not be among them.⁵⁴

One of our contemporaries, basing himself on Ghazālī's statements at the end of A Lamp for the Lights, charges him with a crime monstrous enough to cast him into an inescapable pit. After discussing those "veiled by light," Ghazālī goes on to speak of those who achieve communion with the divine. He says they know this Being as characterized by an attribute which would tend to negate His utter unity. This critic wishes to impute that Ghazālī believed God, the First and the Truth—praised be He and far exalted above the aspersions of the wicked—has some plurality in His being. I have no doubt that our teacher Ghazālī was among those who reached this sublime goal and enjoyed the ultimate bliss. Nonetheless, his esoteric books on mysticism have not reached us.

I myself would not have garnered what truth I have attained, the culmination of my intellectual efforts, without pursuing the arguments of Ghazālī and Avicenna, checking them one against the other, and comparing the result with the views that have sprung up in our era, so fervently admired by self-appointed philosophers, until finally I was able to see the truth for myself, first by thought and theory, and now in my first brief taste of the actual experience. I feel able now to set down a view to be preserved in my name; and because of our close friendship, I want you to be the first to whom I express myself.

Nonetheless, if I tell you of the highest levels I reached

without first going over the preliminary steps that lead there, it would do you no more good than blind faith⁵⁶—as if you approved not because my arguments warrant acceptance, but because we are friends. I expect better of you than that. I won't be satisfied unless you go higher, for this much can't guarantee salvation, let alone conquering the highest peaks. I want only to bring you along the paths in which I have preceded you and let you swim in the sea I have just crossed, so that it may bear you where it did me and you may undergo the same experience and see with the eyes of your soul all that I have seen. Then you will not need to confine yourself within the limits of my knowledge.⁵⁷

This will demand no small amount of time, free of all other concerns, for devotion to this endeavor. But if you work hard, you'll be glad in the morning of the ground you gained at night.⁵⁸ Your efforts will be blessed; you will please your Lord, and He will please you.⁵⁹ I shall be at your side as long as you need me, to lead you where you wish to go by the shortest, safest, and most unobstructed route.

To give you a brief glimpse of the road that lies ahead, 60 let me tell you the story of Hayy Ibn Yaqzān, Absāl, and Salāmān, who were given their names by Avicenna himself. For the tale points a moral for all with heart to understand, "a reminder for anyone with a heart or ears to listen and to hear". 61

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Our forefathers, of blessed memory,⁶² tell of a certain equatorial island, lying off the coast of India, where human beings come into being without father or mother.⁶³ This is possible, they say, because, of all places on earth, that island has the most tempered climate. And because a supernal light streams down on it, it is the most perfectly adapted to accept the human form.⁶⁴ This runs counter to the views of most ordinary philosophers and even the greatest natural scientists. They believe the most temperate region of the inhabited world to be the fourth zone,⁶⁵ and if

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they say this because they reason that some inadequacy due to the earth prevents settlement on the equatorial belt, then there is some color of truth to their claim that the fourth is the most moderate of the remaining regions. But if, as most of them admit, they refer only to the intense heat of the equator, the notion is an error the contrary of which is easily proved.

For it is a demonstrated principle of physical science that heat is generated only by motion, contact with hot bodies, or radiation of light. The same sciences teach us that the sun itself is not hot and is not to be characterized by any such mixed qualities. Likewise they teach that it is the highly reflective bodies, not the transparent ones, that take up light best; next are opaque, non-reflecting bodies; but transparent bodies with no trace of opacity do not take on light at all. The foregoing point was proved by Avicenna, using an argument which was his original work; his predecessors do not have it. If these premisses are sound, they imply that the sun does not warm earth the way bodies warm each other, by conduction, because in itself the sun is not hot. Nor is the earth warmed by motion since it is stationary and in the same position at sunrise as at sunset, although warming and cooling are apparent at these times. Nor does the sun first warm the air and then the earth by convection. How could it, since we find that when it's hot the air close to the earth is much hotter than that higher up? The only alternative is that the sun warms the earth by radiation of light.

Heat invariably follows light. If focused in a burning-mirror light will even set things on fire. It has been proved with scientific certainty that the sun is spherical, as is the earth, and that the sun is much bigger than the earth. Thus somewhat more than half the earth's surface is perpetually lit by the sun, and of the sector of the earth illuminated at any given moment, the most brilliantly lit portion is the center, since it is furthest from the darkness and faces most directly into the sun. Toward the edges the illumination is progressively less, shading into darkness at the periphery. A place is at the center of the circle of light only when those who live there can see the sun, at its ze-

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nith, directly overhead. At this time the heat is as intense as it will get. A place where the sun stays far from the zenith will be very cold; places where it tends to linger at the zenith will be very hot. But astronomy proves that in equatorial regions the sun stands directly overhead only twice a year, when it enters the Ram at the vernal equinox and when it enters the Balances at the autumnal equinox. The rest of the year it declines six months to the north and six to the south. These regions, then, enjoy a uniform climate, neither excessively hot nor excessively cold.

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I recognize that this statement demands a fuller explanation than I have provided, 66 but this would not further our purpose. I bring it to your attention solely by way of corroborating the alleged possibility of a man's being engendered in this place without father or mother, since many insist with assurance and conviction that Hayy Ibn Yaqzān was one such person who came into being on that island by spontaneous generation.

Others, however, deny it and relate a different version of his origin, which I shall tell you. They say that opposite this island there is a large island, rich and spacious, and inhabited by people over whom one, a proud and possessive man, was king. Now this king had a sister whom he forbade to marry until he himself should find a fitting match.⁶⁷ But she had a kinsman named Aware,68 and he married her secretly, but lawfully, according to their rite. 69 She soon conceived and bore him a son, but fearing exposure of her secret she took the infant after nursing him,70 put him in a tightly sealed ark; and, attended by a few trustworthy friends and servants, brought him at nightfall down to the sea, her heart aching with love and fear for her child. She then wished the child farewell and cried "Almighty God, you formed my baby 'when it was nothing, a thing without a name.'71 You fed him in the darkness of my womb and saw that he was smooth and even⁷² and perfectly formed. In fear of that wicked tyrant I entrust⁷⁸ him to your care. I beg you shed your bounty upon him. Be with him. Never leave him, most merciful God!" She cast him into the sea.74

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A powerful current caught the box and brought it that very night to the coast of the other island of which I spoke.

At that very moment the tide reached a height to which it would not return for another year. It lodged the little ark in a pleasant thicket, thick with shady cover, floored by rich loam, sheltered from wind and rain and veiled from the sun, which "gently slanted off it when it rose and set."75 The tide then began to ebb, leaving the ark high and dry. Sand drifted up with gusts of the breeze, damming the watercourse into the thicket so the water could not reach The nails of the box had been loosened and the boards knocked akilter by the pounding of the surf against them in the thicket. When the baby had gotten very hungry, he began to cry and struggle. The sound of his voice reached a doe; and taking it for the call of her lost fawn, 76 she followed the sound until she came to the ark. prodded with her hoof and the baby fought from inside until one of the top boards came loose. The doe felt sorry for the infant and nuzzled him tenderly. She gave him her udder and let him drink her own delicious milk. She became his constant nurse, caring for him, raising him and protecting him from harm.

This, according to those who deny spontaneous generation, is the story of his origin. In a moment I shall tell you how he grew up and progressed from one phase to the next until he reached his remarkable goal. But first I should say that those who claim Hayy came into being spontaneously say that in a pocket of earth on that island, over the years, a mass of clay worked until hot and cold, damp and dry were blended in just the proper way, their strengths perfectly balanced. This fermented mass of clay was quite large, and parts of it were in better equilibrium than others, more suited than the rest for becoming human gametes. The midmost part was the best proportioned and bore the most perfect equivalence to the makeup of a man. The clay labored and churned, and in the viscous mass there formed what looked like bubbles in boiling water.

In the very middle formed a tiny bubble divided in half by a delicate membrane and filled by a fine gaseous body, optimally proportioned for what it was to be.⁷⁸ With it at that moment joined "the spirit which is God's,"⁷⁹ in a bond virtually indissoluble, not only in the purview of the senses,

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but also in that of the mind. For it should be clear that this spirit emanates continuously from God-glory be to Him. It is analogous to the sunlight that constantly floods the earth. Some objects, like transparent air, are not lit by it at all. Others, opaque but not shiny, are lit partially, differing in color according to their different receptivities. Still others, polished bodies such as mirrors, take up light maximally: and if these mirrors have a certain concave form, fires start in them from the concentrated rays of light. The same holds for the spirit which flows eternally from God's word to all that is. Some beings, lacking any aptitude to receive it, show no trace of it. These, corresponding to the air of the analogy, are the lifeless, inanimate objects. Others, that is plant species, show its influence to varying degrees in proportion to their capacities; they are analogous to opaque objects. Still others show its impact greatly; these are animal species, and they correspond to the shiny objects of the analogy. The most reflective body, far outshining all others, is the one that mirrors in itself the image and pattern of the sun. In the same way with animals, the one that best takes on the spirit in himself and is formed and modelled in its pattern is man. There is reference to this in the words of the Prophet-God bless him and grant him peace-"God created Adam in His own image".80

If this image grows so strong in a man that its reality eclipses all other forms, the splendor of its light setting afire all it apprehends so that it alone remains, then it is like the mirror reflecting on itself, burning everything else. This happens only to prophets, the blessings of God upon them.⁸¹ But all this will be made clear in due course. Let us return to the story they tell of his creation.

They say, "When this spirit was linked with that chamber all the powers of the latter submitted totally to it, bowing to its sway according to God's command.⁸² Then opposite this chamber a second bubble formed, divided into three chambers, separated by thin membranes and joined by tiny ducts. This also was filled by gaseous material, like that which filled the first, only not as fine. In these three sacs, partitioned within one, lodged some of the powers that had subordinated themselves to the spirit, entrusted with its

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preservation and care and with relaying to this first spirit, linked with the first chamber, all their experiences, from the subtlest to the most magnificent. Next to the first, opposite the second, a third bubble formed, filled with its own gaseous matter, denser than either of the others, and with its own set of subordinate faculties, devoted to the protection and sustenance of the spirit.⁸³

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"These chambers, first, second, and third, in the order I have given, were the first to be created in that working mass of clay. Although they all depend on each other, the dependence of the first on the other two is its need for service, but their dependence on the first is the reliance of the led on their leader or the controlled on what controls them. Still the second and third in their own right are masters, not servants, of all the organs formed after them; and the second has a fuller share of rule than the third. The first has the conical shape of a flame, since it is linked to the spirit and burns with the spirit's heat. The dense matter by which it was enclosed took on the same shape; it developed into solid flesh and was in turn covered by a tough protective envelope of skin. The whole organ is what we call the heart.

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"To survive the heart needed to be fed and maintained to replenish the juices which constantly broke down in the terrific heat. It needed also a sense of what was good and bad for it so it would be drawn to the one and reject the other. The first need was delegated to one organ with powers designed to serve that need, and its second to another. Sensation was in charge of the brain and nutrition of the liver. Each depends on the heart not only because its heat keeps them alive, but also because their specialized powers originate there. Meanwhile ducts and passages were woven between them and the heart, some wider than others, depending on the need. These were the veins and arteries." So, neglecting nothing, they go on to describe the whole anatomy and all the organs, as physiologists describe the formation of a foetus in the womb, up to the termination of the development process when all the parts were fully formed and the embryo was ready to be born.84

In accounting for the success of this metamorphosis they

rely heavily on their mass of fermenting clay and on its suitability to be formed into all the protective membranes and the like which would be needed in the forming of a man.⁸⁵

When the embryo was ready these coverings were sloughed off as if in labor; and the clay, which had already begun to dry, cracked open. His food supply thus vanishing, the newborn infant got hungrier and hungrier and began to cry, whereupon the doe with the lost fawn responded. From this point on both factions⁸⁶ give interchangeable versions of his upbringing.

They agree that the doe that cared for him was richly pastured, so she was fat and had plenty of milk, to give the baby the best possible nourishment. She stayed with him, leaving only when necessary to graze. The baby grew so fond of her he would cry if she were late, and then she would come rushing back. There were no beasts of prey on the island.

So the child grew, nourished by its mother-doe's milk, until he was two years old. By then he'd learned to walk; and, having his teeth, he took to following the doe on her foraging expeditions. She treated him gently and tenderly, taking him where fruit trees grew and feeding him the sweet, ripe fruits that fell from them. The hard-shelled ones she cracked between her teeth, or if he wanted to go back for a while to milk she let him.⁸⁷ She brought him to water when he was thirsty; and when the sun beat down she shaded him. When he was cold she warmed him, and at nightfall she would bring him back to the spot where she had found him, nestling him to herself among the feathers with which the little ark had been cushioned.

When they went out to forage and came back to rest they were accompanied by a troop of deer that went along to graze and stayed the night near where they slept. Thus the child lived among the deer, imitating their calls so well that eventually his voice and theirs could hardly be distinguished. In the same way he imitated all the bird calls and animal cries he heard with amazing accuracy, but most often he would mimic the calls of the deer for alarm, court-ship, summons or defense—for animals have different cries for these different contingencies. The animals were used

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to him and he was used to them, so they were not afraid of each other.

Hayy discovered in himself an aversion toward some things and an attraction to others even after the things themselves were no longer objects of his immediate experience, for their images were fixed in his mind. He observed the animals from this perspective and saw how they were clothed in fur, hair or feathers, how swiftly they could run, how fiercely they could fight, and what apt weapons they had for defense against any attacker—horns, tusks, hooves, spurs and claws. Then he looked back at himself and realized how naked and defenseless he was. He was a weak runner and not a good fighter. When the animals grappled with him for a piece of fruit they usually wrested it from him and got away with it. He could not defend himself or even run away.

Hayy saw the fawns his age sprout horns from nowhere and grow strong and swift. But in himself he could discover no such change. He wondered about this but could not fathom the cause. No maimed or deformed animal he could find was at all like himself. All other animals, he observed, had covered outlets for their bodily wastes—the solid by a tail, the liquid by fur or the like. And the fact that the private parts of an animal were better concealed than his own disturbed him greatly and made him very unhappy.⁹¹

When he was nearly seven⁹² and had finally lost hope of making up the deficiencies which so disturbed him he took some broad leaves from a tree and put them on, front and back. Then out of plaits of palms and grass he made something like a belt about his middle and fastened his leaves to it. But he had hardly worn it at all when the leaves withered and dried and, one by one, fell out.⁹³ So he had constantly to get new ones and work them in with the old in bundles. This might make it hold up a while longer, but still it lasted only a very short time.

He got some good sticks from a tree, balanced the shafts and sharpened the points. These he would brandish at the animals that menaced him. He could now attack the weaker ones and hold his own against the stronger. His selfesteem rose a bit as he observed how superior his hands

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were to those of an animal. They enabled him to cover his nakedness and to make sticks for self-defense, so he no longer needed natural weapons or the tail he had longed for.

All the while, he was growing, and soon he was seven. The chore of getting new leaves to cover himself was taking too long, and he had an urge to get the tail of some dead animal and fasten that on instead. But he had noticed that the living wildlife shunned the bodies of the dead and fled from them. So he could not go ahead with his plan, until one day he came upon a dead eagle. Seeing that the animals had no aversion to it, he snatched the opportunity to put his idea into effect. Boldly taking hold of the eagle, Hayy cut off the wings and tail just as they were, all in one piece. He stretched out the wings and smoothed down the feathers, stripped off the remaining skin and split it in half, tying it about his middle, hanging down, half in front and half behind. The tail, he threw across his back; and he fastened the wings to his arms. Thus he got a fine covering that not only kept him warm but also so terrified the animals that not one of them would fight with him or get in his way.94 In fact, none would come near him except the doe that had nursed and raised him.

She was inseparable from him and he from her. When she grew old and weak he would lead her to rich pastures and gather sweet fruits to feed her. Even so, weakness and emaciation gradually tightened their hold, and finally death overtook her. All her movements and bodily functions came to a standstill. When the boy saw her in such a state, he was beside himself with grief. His soul seemed to overflow with sorrow. He tried to call her with the call she always answered, shouted as loud as he could, but saw not the faintest flicker of life.95 He peered into her eyes and ears, but no damage was apparent. In the same way he examined all her parts but could find nothing wrong with any of them.96 He hoped to discover the place where she was hurt so he could take away the hurt and allow her to recover—but he could not even make a start; he was powerless.

What made him think there was something he could

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"take away" was his own past experience. He knew that when he shut his eyes or covered them, he saw nothing until the obstruction was removed; if he stopped his ears with his fingers he could not hear until the obstacle was gone; and if he held his nose he would smell nothing until the passageway was clear again.

These observations led him to believe that not only his senses, but every one of his other bodily functions was liable to obstructions that might block its work. When the block was removed it would return to its normal functioning. The but when he had examined all her external organs and found no visible wound or damage, considering meanwhile that her inactivity was not confined to one part but spread throughout the body, it dawned on him that the hurt must be in some organ unseen within the body, without which none of the external parts could function. When that organ had been hurt, the harm was general. No part of the body could carry on its work. Hayy hoped that if he could find that organ and remove whatever had lodged in it, it would revert to normal, its benefits would once more flow to the rest of the body and all the bodily functions would resume.

He had observed in the past that the parts of animals' dead bodies were solid, having no hollows except those of the head, chest and abdomen. He felt certain that the vital organ he was looking for must occupy one of these three cavities, and it seemed to him most likely by far that it be in the central of the three.98 Surely it had to be centrally located, since all the other organs were equally dependent on it. Besides, in his own case, he could feel what must be such an organ in his breast.99 He could restrict the action of his other organs-hands, feet, eyes, nose, and ears; he could lose these parts and conceivably get along without them. Conceivably he could get along without his head. 100 But when he thought of whatever it was he could feel in his breast he could not conceive of living for an instant without it. For this reason, in fact, when fighting with animals, he had always been especially careful to protect his breast from their horns-because he could feel that there was something there.

Certain that the organ where the hurt had settled must be in her breast, he decided to search for and examine it. Perhaps he would be able to get hold of the hurt and remove it. Still he was afraid this very operation might be worse than the original damage. His efforts might do more harm than good. He tried to think whether he had ever seen any animal recover from such a state; and, unable to do so, he lost hope of her getting better unless he did something. But there remained some hope of her recovery if he could find the critical organ and take away the hurt. So he decided to cut open her breast and find out what was inside.

He took chips of stone and dry splinters of wood, sharp as knives, and split her open between the ribs. 101 Cutting through the flesh, he reached the diaphragm. When he saw how tough it was he was certain that this covering must belong to some such organ as he was searching for. If he looked beneath he was sure to find it. Hayy tried to cut through it, but this was difficult, since he had no tools but only stones and sticks.

He made fresh instruments and sharpened them. Then, cutting very carefully, he pierced the diaphragm and reached a lung. He supposed at first that this was what he was looking for and turned it round and round to see where it was impaired. What he found at first was only one lung, and when he saw that it was to one side (while the organ he was looking for, he was convinced, must be centered in the body's girth as well as in its length) he went on exploring the mid-chest cavity until he found the heart, wrapped in an extremely tough envelope and bound by the strongest ligaments, cushioned in the lung on the side where he had entered. He said to himself, "If this organ has the same structures on the other side as it does here, then it really is directly in the center and it must be the organ I'm looking for—especially since its position is so good, and it is so beautifully formed, so sturdy and compact, and better protected than any other organ I have seen.

He probed on the other side and there too found the diaphragm and the other lung, just as before. Now he was

sure this was the central organ he wanted. He tried to split or cut its protective pericardial cover; and finally with a tremendous effort he was able to lay the heart bare.

On all sides it seemed firm and sound. He looked for any visible damage and found none. Squeezing it in his hand, he discovered it was hollow and thought, perhaps what I actually want is inside this organ and I have not yet reached it. He cut open the heart and inside found two chambers, a left and a right. The right ventricle was clogged with a thick clot of blood, but the left was empty and clear.

"What I'm looking for," he said to himself, "must live in one of these two chambers. In this one on the right I see nothing but clotted blood-which cannot have congealed until the whole body got the way it is—" for he had observed how blood thickens and clots when it flows out of the body, and this was simply ordinary blood, "I see that blood is found in all the organs, not confined to one as opposed to others. But what I've been looking for all along is something uniquely related to this special position and something I know I could not live without for the batting of an eye. Blood I have often lost in quantity fighting with the animals, but it never hurt me; I never lost any of my faculties. What I'm looking for is not in this chamber. But the left one has nothing in it: I can see that it is empty. I cannot believe it serves no purpose, since I have seen that every organ exists to carry out some specific function. How could this chamber, with its commanding position, have none? I can only believe that what I was searching for was here but left, leaving the chamber empty and the body without sensation or motion, completely unable to function."

Realizing that whatever had lived in that chamber had left while its house was intact, before it had been ruined, Hayy saw that it was hardly likely to return after all the cutting and destruction. The body now seemed something low and worthless compared to the being he was convinced had lived in it for a time and then departed.

Hayy turned the focus of his thoughts on that being.¹⁰² What was it? What was its manner of existence? What had bound it to this body? Where had it gone, and how

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had it gotten out? What drove it away if it was forced to leave; or, if it left of its own free choice, what made it so loathe the body? His mind was filled with these questions. He soon dropped the body and thought no more of it, knowing that the mother who had nursed him and showed him so much kindness could only be that being which had departed. From that—and not from this lifeless body—all those actions had issued. The whole body was simply a tool of this being, like the stick with which he fought the animals. His affection was transferred now from the body to the being that was its master and mover. All his love was directed toward that.

Meanwhile the body began to decay and give off dreadful odors, increasing his revulsion for it. He longed not to have to look at it. Not long afterwards he noticed two ravens fighting. They fought until one struck the other dead, whereupon it scratched a hole in the earth and buried the dead one. Hayy said to himself, "It surely was good of this bird to bury the other, although it was wrong to kill him. I ought to do the same for my mother." 104 So he dug a hole, threw in his mother's body, heaped earth upon it, and went back to thinking of what controls the body.

He had no idea what it was; but he observed that each individual deer had the same form and figure as his mother. In all probability each of them was moved and governed by something like what had once given motion and direction to his mother. He was friendly to the deer, treating them more kindly for their likeness to his mother.

He lived thus for a time, studying animals and plants and roaming along the island shore in search of some being like himself, since he saw that every animal and plant had many others like it. But he found none. Seeing that the sea completely surrounded the island, Hayy believed that his island was the only land there was. 106

A fire broke out one day by friction in a bed of reeds. When Hayy first saw it the sight terrified him. He had never seen anything like it.¹⁰⁷ For some time he stood staring at it, gradually moving nearer and nearer, awestruck by its piercing light and the way it attacked, overwhelmed, and turned to flame everything it touched. Carried away by his

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amazement, and by the courage, not to say audacity, God had compounded with his nature, Hayy reached out and tried to grasp a piece of it. But when he touched it it burnt his hand, and he could not hold on to it. Then he got the idea of taking a brand that was not wholly on fire. He picked it up by the end that wasn't burning, leaving the fire at the other end. This he could manage with ease, so he took it home—for he had moved into a cave, which seemed to him a fine place to live.

He kept the fire up with dry grass and a good supply of firewood, tending it day and night because it seemed such a wonderful thing. He liked it best at night when it took the place of the sun, giving warmth and light. It meant so much to him he fell in love with it and was convinced that of all the things he had, this was the best. Seeing how it always moved upwards, as though trying to rise, he supposed it must be one of those jewel-substances he saw shining in the sky.

Hayy tested the power of fire on everything by throwing things in and watching how quickly or slowly it overwhelmed them, depending on the combustibility of the material. One thing he threw in, purely to experiment with its propensity to burn, was a fish that had been cast up on the beach by the sea. As it began to roast and the savory odors spread, his appetite was aroused. He nibbled it and liked it. In this way he learned to eat meat and practiced hunting and fishing until he became quite skilled in both. He liked fire even more now that it brought him good things to eat he had never had before.

His new infatuation with fire, based on its power and all its beneficial effects, gave him the notion that what had abandoned his doe-mother's heart was of the same or similar substance. This supposition was reinforced by his observation that body heat in animals was constant as long as they were alive, but that they grew cold after death. Besides he felt quite a bit of heat in his own breast, just at the spot where he had cut into the doe. It occurred to him that if he took a live animal, cut open the heart and inspected the same chamber he had found empty in the doe, he would find the ventricle of a living animal still occupied by what-

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ever had lived in it, and so determine whether it was of the same substance as fire, whether it had any heat or light or not.¹⁰⁹

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He got hold of a beast, tied it down and cut it open, as he had the doe, and reached the heart. This time he started on the left. Cutting into the heart, he saw the chamber, filled with a steamy gas, like white mist. He poked in his finger—it was so hot it nearly burnt him, and the animal died instantly. This satisfied him that the hot vapor was what imparted animation to the animal and that every animal has something corresponding: When this departs, the animal dies.

A desire was aroused in him to study all the other animal organs, their organization, placement, number, and interdependence, how the heat of that steam reaches them, giving life to them all, how it lasts as long as it does, where it comes from, and why its heat does not dissipate.

He followed this up by dissecting and vivisecting many animals, constantly learning and improving the quality of his mind until he had reached the level of the finest natural scientists.

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By this time it was plain to him that each animal, although many in respect of its parts, its various senses and types of motion, was nonetheless one in terms of that spirit which stems from a single fixed place and diffuses from there to all the organs. The spirit employed the body are simply its servants or agents. The spirit employed the body much as he himself employed the tools with which he fought, hunted, or dissected. His weapons could be classified as offensive and defensive. His hunting gear could be divided into those implements appropriate to land animals and those for fish. Similarly his dissecting tools could be classified as those suitable for cutting, breaking, or boring. The same body handled all these tools, using each appropriately for its own purpose. 111

In the same way the one vital spirit uses the eye as a tool for seeing, the ear for hearing, the nose for smelling, the tongue for tasting, the skin and flesh for feeling, the limbs for moving, the liver for feeding and digestion. Every one of these organs is at the service of the spirit and would

be deprived of its functions were it not directed by this spirit through what we call the nerves: for when nerve pathways are cut or blocked, the functions lapse in the organ to which they lead.¹¹² These nerves do no more than transmit the animal spirit emanating from the brain, which in turn derives it from the heart. The brain has in it a great many spirits, since it is highly compartmentalized.¹¹³ If for some reason any organ does not receive this spirit, like a useless, discarded tool, it can work no longer. And should the vital spirit leave the body altogether or in one way or another disintegrate or become extinct, the whole body is stilled and dies.¹¹⁴

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This type of thinking had brought him to this point when he had completed three sets of seven, that is when he was twenty-one. By this time he had grown quite ingenious. He dressed in skins from his dissected animals. From these he also made shoes. He got thread from animal hair, hemp, and the pith of reeds and cattail stalks and other fibrous plants. The original idea of making thread came from his initial use of the tall grass. He made awls of tough thorns or splinters of reed sharpened on a stone. By watching swallows he got the idea of building himself a storehouse for surplus food, secured by a door of cane sticks tied together, against the intrusion of animals while he was away. He trained some birds of prey to help with his hunting and kept poultry from which he got eggs and chicken. He made some semblance of spearpoints from the horns of wild cows and mounted them on sturdy lengths of cane or beechwood shafts. After hardening in fire and sharpening with chips of rock, they were as good as real spears. He also made a shield out of several plies of hide. This was due to his realization that despite his lack of natural weapons, he could manufacture everything he wanted to make up the lack. 115

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Seeing that no animal would stand and fight with him, but all ran away and wore him out with running, he tried to think of some ingenious method of catching them, and came to the conclusion that the plan most likely to succeed was to gain the confidence of one of the swifter beasts and feed it well so as to be able to ride it in pursuit of other animals. There were wild horses on the island as well as

wild asses. Hayy found some that were suitable and trained them as he had planned. Then out of thongs and rawhide he contrived saddles and bridles. So, as he had hoped, he was able to chase animals he had found difficult to catch.

He accomplished all these things during the time when he was still engrossed with dissection and his one great passion was to understand the differentiation and the characteristic functions of all animal organs, that is within the period I have sketched, ending with his twenty-first year. At this point he took up another tack.

Hayy considered all objects in the world of generation and decay—the various species of plants and animals, minerals, and every sort of rock and soil, water, water-vapor, and ice, snow, sleet, smoke, flame and burning embers. He saw that these had among them many different attributes with conflicting effects. They moved, some in the same direction, some in opposite directions from each other. Hayy saw that while physical things differed in some respects they were alike in others and after some study and thought, he concluded that inasmuch as things differ they are many, but inasmuch as they correspond they are one. 116

At times he would concentrate on the peculiarities which differentiate things from each other, and then things seemed to be manifold and beyond number. Being seemed to proliferate into an unmarshallable array. Even his own identity seemed complex and multiform, because he was viewing it in the perspective of the diversity of his organs and the specialization of each by its own specific capacity to perform its own specific task. Each organ, moreover, was itself divisible into a great many parts. So he judged that he himself was many and so was everything else.

But looking at it from the opposite point of view, he realized that, no matter how many parts he had, all were connected and contiguous. Thus they could be said to be one. They differed only in having different functions, and this was due solely to the disposition each received from the animal spirit, to the discovery of which his earlier thoughts had led him. This spirit itself was one, and it was this which was his real self, all other organs serving as its tools. He thus established for himself that he himself was one.

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Shifting his attention to animals in general, Hayy found that each individual was one in this respect. He then considered whole species at a time—deer, horses, asses, the different species of birds. He observed the likeness among individual members of each species in internal and external organs, modes of perception, motion and appetite. What differences he could find were negligible, 117 compared to all the points of congruity. Havy reasoned that the spirit present throughout the species must be a single entity, undifferentiated except through its division among numerous hearts. If somehow what was divided among all those hearts could be collected in one great vessel, then it would be one thing, like one quantity of water or juice divided into different bowls and then collected again. 118 Together or separate, the identity is the same. Plurality is predictable of it only from a certain point of view. Hayy thus saw whole species as one in this respect, likening the plurality of individuals to the plurality of each individual's parts, which are not really many.

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Next Hayy mentally combined all animal species for consideration together. He saw that they were alike in having sensation, nutrition, and voluntary motion in whichever direction they pleased. These activities, he had learned already, were characteristic of the animal spirit; whereas the respects in which they differed, were not particularly essential to the animal spirit. These reflections made it apparent to him that the vital spirit in all animal genera is in reality one being, despite the slight differences that differentiate one species from another. Just as water from a single source may be divided into different bowls, and may be cooler in some than in others, so the animal spirit is one: its specific differentia are like the different temperatures of the water, while the animal itself is like the water, which remains one even though it happens to be divided. thinking in this way Hayy was able to see the whole animal kingdom as one being.119

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He turned his mind to the various plant species, observing the likeness of all their members in leaf, branch, flower, and fruit, and all the plant functions. By analogy with animals he saw that, parallel to the animal spirit, plants too must have a single substance in which all partake, and which makes them all one being. Likewise, considering the plant kingdom at large, he judged it must be one because of the universality of growth and nutrition. At this he joined plants and animals together in his mind, since they were alike in nutrition and growth, although the animals are higher than the plants in that they possess sense perception, locomotion, and sensation as well. Still plants seemed to have something roughly similar, as, for example, when flowers turn toward the sun, or roots towards food. These considerations showed him that plants and animals are united by a single common entity, more perfectly represented in one and somehow impeded in the other. It was as if water were divided, part running freely and part frozen over. Thus he saw how animals and plants are one being.

Next he investigated bodies that do not sense or feed or grow such as stones, earth, water, air, and flame. He saw that these bodies are bounded in length, breadth, and depth, the sole differences among them being in terms of such contrarieties as that some were colored and others colorless; some hot, others cold. He perceived that warm bodies grow cold and cold ones hot; he watched water turn to steam, steam to water; burning things to embers, ashes, flame and smoke. When rising smoke was trapped in a hollow, it precipitated and in its place appeared bits of solid, rather like earth. This line of thinking, similar to the reasoning he had done on animals and plants, made evident to him that all physical things, despite the involvement of diversity in some respects, are one in reality.¹²¹

He then turned to that entity which in his belief united plants and animals. It had to be a body with length, breadth and depth and, like any ordinary body that does not feed or perceive, either hot or cold. The only differences between this archetypal living being and any inanimate objects, in fact, were the life functions it manifested through the use of "tools" in animals and plants. But perhaps these functions were not properly theirs, but came in from some other being. And if they came to other objects, perhaps these too would come to life! Hayy wondered what he himself might be, stripped of all the functions

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which seemed at first glance to emanate from himself, and realized that he was no more than another body. These thoughts, then, brought him to the conclusion that all bodies—whether they are animate or inanimate—are one thing, although some exhibit certain special functions, which they implement by organs. But he did not know whether these activities were strictly speaking their own or had come from something else—for at this stage the only beings he knew were physical.¹²²

In this way Hayy saw all being as one, although it had appeared at first glance boundless and without number. For some time he rested content at this stage.

But then he began to wonder about all these physical things, both living and non-living, which seemed sometimes to be one, sometimes to be infinite in number and diversity. He observed that all must either rise like smoke, flame, and air under water, or fall like water, particles of earth, and parts of plants and animals. 128 All such bodies must move in either one direction or the other and not come to rest unless stopped by something, as when a falling rock hits hard ground and cannot break through-for if it could, it would obviously have gone on falling: Thus you can feel it tugging downward against you if you try to lift it. the same way Hayy found that smoke would not stop rising unless trapped; and even then it would curl around, left and right, and if there were an air passage, escape and continue rising, since air could not contain it. Havy observed that if he filled a skin with air, tied it shut and pushed it under water it would try to wriggle free and rise until taken out and restored to air. Then it would stop wriggling upwards and lie quite still.

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Hayy tried to find some body that neither rose nor fell or exerted no pull in either direction, but among the objects with which he was familiar he could find nothing of the kind.¹²⁴ He sought such an object purely in the hope of finding out what it was to be a body as such, free of all the qualities that give rise to plurality. After he had worn himself out looking, studying all the objects that bore the fewest predicates without finding one that could not be said to be either 'heavy' or 'light' as we express it, he began to

investigate heaviness and lightness themselves. Did they belong to bodies qua body, or did both arise from something distinct from the physical?

It seemed plain to him that both must stem from some separate principle, for if they belonged to body in virtue of its being body, then every material object would have both. ¹²⁵ In fact, however, we know that heavy objects have no buoyancy, and light ones no gravity; yet they remain bodies all the same. Thus over and above physicality each has its own differentiating factor. If not for this added factor, the two would be identical. Clearly the substantiality of objects both heavy and light was compounded of two factors, the physicality they have in common, and linked with it either gravity or buoyancy—that is what moves them either upwards or downwards and makes them different.

Regarding all bodies, living and non-living in the same light, Hayy saw that the being of each of them was made up in the same way of corporeality plus some factor or factors. Before him loomed the forms of physical things in all their diversity. This was his first glimpse of the spiritual world. For these forms cannot be apprehended by the senses, but only by reasoning. And as he was awakening to these things, it dawned on him that the animal spirit, which lives in the heart and at which he had first probed with his dissections, must itself have a principle over and above its corporeality which would enable it to carry out all its wonderful tasks, as true subject of the various modes of sensing, apprehending and moving. This is the form which differentiates it from all other bodies. Philosophers term it the animal soul.

The same holds for plants: whatever they have to fill the role of body-heat in animals would have its own special form, called by philosophers the vegetative soul. And even inanimate objects—that is all things in the world of generation and decay besides plants and animals—must have some special thing to make them behave in their own peculiar way, and give them their particular qualities to the senses and their ways of moving. This is the form, or as philosophers call it, the nature of the thing.

When Hayy understood, through this line of reasoning,

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that the substance of the animal spirit, toward which all his love had been directed, was compounded out of the corporeal factor and another, non-physical factor, and that it had the former in common with every other body, while the latter, linked with it, belonged exclusively to this spirit, he felt contempt for physicality. He dropped the physical and his mind fastened on the other factor, which is called simply the soul.

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He was now anxious to learn all he could about the soul. Turning his thought in this direction, he started off by going over in his mind all physical objects, considered not as bodies but as having forms from which emerge their distinguishing characteristics. Following this up in many specific cases, he was able to see how a great number of bodies participate in a certain form, from which emanates a given mode or given modes of behavior. Within this group a subclass, besides sharing the form of the rest, has an additional form from which further functions emerge. A still smaller class displays both of these plus a third form, generating still more special behavior.

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For example, everything earthen, such as soil, rocks, minerals, plants, animals, and all other heavy objects, makes up a single totality which participates in a single form from which issues the tendency to fall when unimpeded or when lifted and let go. Plants and animals are a subclass of this group, but besides sharing this form with all the rest, they have an added form from which emanate the activities of nutrition and growth. Nutrition is an interchange by which the being nourished replaces matter that breaks down by ingesting material similar to itself and assimilating this to its own substance. Growth is movement in all three dimensions at once, according to a set proportion. These two functions are universal among plants and animals and must therefore issue from a form shared by both plants and animals. This form is what is called the vegetative soul. still smaller subdivision, namely the animals, while sharing the first form with the whole group and the second with the subclass, surpasses both by the exclusive possession of a third form which gives rise to sensation and locomotion.

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Further, Hayy knew that every animal species had its

own distinguishing characteristics. He now understood that this differentiating principle stemmed from the species' own distinctive form, superadded to the form it held in common with all other animals. Each plant species had something similar.

Plainly some of the objects of sense perception in the world of generation and decay were made up of many factors over and above physicality, while others had only a few. He recognized that it would be easier to grasp the simpler than the more complex, so he decided, to start with, to try to understand whatever had the fewest components to its make-up. Seeing that plants and animals must be composed of numerous factors because of the complexity of the tasks of life, he put off consideration of their forms for the present. By the same token he observed that some pieces of earth were simpler than others, so he directed his attention to the simplest of these he could obtain. Likewise he recognized that water must be very simple since so few activities issue from its form. The same was true of fire and air.

At first he had supposed not only that these four, fire, water, earth, and air, were interchangeable but also that all partook of one common entity, that is materiality, which was itself necessarily devoid of the factors which differentiate the four. This must neither rise nor fall; it must be neither hot nor cold, moist nor dry. For all these predicates are inapplicable to body qua body, since none is applicable to all bodies. Therefore if an object could exist which had no form beyond physicality, not one of these predicates would be true of it, and no predicate at all could apply to it which did not apply to all physical things, regardless of their form.

He searched for some one characteristic common to all objects, animate and inanimate, but the only thing he could find in all physical objects was extension in three dimensions. This he recognized belonged to physical things purely by virtue of the fact that they were physical. But his senses did not so readily reveal any object with just this attribute of extension and no other.

He then examined this notion of extension, asking him-

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self whether it was just this that belonged to material things or whether there was not perhaps, some further principle; and he realized that behind extension there must be another factor in which extension itself was grounded. For bare extension could no more subsist by itself than the extended object could exist without extension. Havy tried out this idea on several form-bearing objects such as clay for example. He found that if he molded clay into some shape, for example into a ball, it had length, width and depth in a certain ratio; if he then took this ball and worked it into a cube or egg shape, its length, width and depth took on different proportions. But it was still the same clay; and, no matter what the ratio, it could not be divested of length, breadth, and depth. The fact that one proportion could replace another made it apparent to him that the dimensions were a factor in their own right, distinct from the clay itself. But the fact that the clay was never totally devoid of dimensions made it plain to him that they were part of its being.

His experiment suggested to him that bodies, qua body, are really composed of two factors, one analogous to the clay of the example, the other to the length, width, and depth of the ball or block or other figure the clay might have. The truth was, he could not comprehend physical things at all unless he conceived of them as compounded of these two factors, neither of which can subsist without the other.

The variable factor, which can present a succession of many different faces, that is extension, corresponds to the form of all other bodies. The other factor, which remains constant like the clay of the example, corresponds to materiality in all other bodies. In philosophy the factor analogous to the clay is called hyle, or matter. It is entirely devoid of forms.

When his thinking had risen to this level and the sensory world had been left behind to some extent, just as he was mounting to a height from which he could gaze out toward the approaches of the world of mind, Hayy felt alien and alone. He longed for the familiar world of the senses, balked at the notion of unqualified body, a thing he could

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neither perceive nor possess, and fell back on the simplest objects he could see, the four he had already singled out.¹³⁰

He examined water first and found that if left to itself, determined only by its own form, it was perceptibly cold and downward-seeking; but if warmed by fire or the heat of the sun, first its coldness would pass, leaving only its proclivity to fall; then, if it were heated strongly, this too would vanish, and it would seek to rise, leaving it without either of the characteristics which had sprung from its form. Yet all he knew of that form was that these functions issued from it. When they were gone the rule of that form must have ended. The form of water must have left this body, since it now exhibited behavior characteristic of some other form. A new form not previously present must have come into being here, giving rise to behavior unlike that it had shown under its original form.

Now Hayy knew by necessity that all that comes into being must have a cause. From this consideration he gained a vague and general notion of the cause of this form. One by one he went over the forms he had known before and saw that all of them had come to be and all must have a cause. He then considered that in which the forms inhere and found it to be no more than a body's propensity for such and such an action to arise from it. Water, for example, has a propensity to rise when strongly heated. This propensity is due to the form, for there is nothing there but body and certain perceptible things—qualities and ways of moving, for example—which come into being, and the cause who creates them. Thus the proneness of a body to certain kinds of motion as opposed to others must be due to its disposition or form.¹³¹

Hayy realized that the same would be true of all forms. Clearly the acts emerging from forms did not really arise in them, but all the actions attributed to them were brought about through them by another Being. This idea to which he had now awakened is the meaning of the Prophet's words: "I am the ears He hears by and the sight He sees by." As it is written in the unshakable Revelation "It was not you but God who killed them; and when you shot, it was not you who shot, but God." 183

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Possessing now a broad if indistinct notion of this great Subject, Hayy found in himself a burning desire to know Him more fully. But, having as yet not left the sensory world, he tried first to find this Cause among the objects of his senses. Besides, he did not yet know whether He was one or many. Accordingly he scrutinized all the physical things he knew and to which his thinking had always been confined.

All of them, he perceived, develop and decay. Those which are not destroyed completely are destroyed at least in part. Water and earth, for example, are at least in part destroyed by fire. Air too, he saw, can be destroyed by a severe chill and turn to snow or water. None of the physical things around him was exempt from change, thus none could exist without there being a cause of all this change. Seeing that this was the case Hayy left behind all these things and turned his mind to the heavenly bodies. He reached this level at twenty-eight, having completed four seven-year phases in his development.

He knew that the heavens and all the stars in the skies were bodies because without exception they were extended in three dimensions, and whatever is always extended in three dimensions is a body, therefore they were all bodies. He wondered whether they extended infinitely in all directions or were finite, bounded at some point beyond which no extension was possible. The problem perplexed him more than a little, but ultimately his inborn talent and brilliance led him to realize that an infinite body is something spurious which can neither be nor be conceived. This conclusion was bolstered in his mind by a number of arguments that he reached quite independently in the course of his reflections.

"This heavenly body," he said to himself, "is bounded on the near side, without doubt, since I can see it with my own eyes. Only the far side admits of doubt. Nonetheless I know it is impossible for it to extend forever. For if I imagine two lines beginning on this finite side, passing up through the body to infinity, as far as the body itself supposedly extends, and imagine a large segment cut from the finite end of one and the two placed side by side with the

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cut end of one opposite the uncut end of the other, and my mind travels along the two lines toward the so called infinite end, then I must discover either that the pair of lines really do extend to infinity, the one no shorter than the other, in which case the cut line equals the intact one, which is absurd—or else that the one does not run the full length of the other, but stops short of the full course, in which case it is finite. But if the finite segment that was subtracted is restored, the whole is finite. Now it is neither shorter nor longer than the uncut line. They must be equal then. But one is finite, so the other must be finite as well—and so must the body in which these lines were assumed to be drawn. Such lines can be assumed in any physical thing. Thus to postulate an infinitely extended physical body is fallacious and absurd."

Once the exceptional mind which had made him aware of such a remarkable argument¹³⁶ had demonstrated to him the finitude of the heavens, Hayy wished to know what shape they had and how they were divided by their limiting surfaces.¹⁸⁷ To start with he watched the sun, moon and other stars, observing how all rose in the east and set in the west. Those which passed directly overhead inscribed a great arc; those inclining north or south from his zenith inscribed a smaller arc. The further they lay from the zenith and the closer to the poles, the smaller the arc they described, the smallest orbits in which stars moved being those of Ursa Minor and Canopus, two little circles about the North and South Poles respectively.

Since Hayy's home, as I mentioned at the outset, was on the equator, the orbital planes of all the stars were perpendicular to his horizon and their orbits equally large at a given deflection north and south. What is more, both polar axes were visible to him. He observed that when a star with a large orbit and one with a small one rose together, they also set together; and seeing this repeated constantly with all stars, he realized that the firmament must be spherical. The conviction was strengthened by his seeing the sun, moon and stars return to the east after disappearing in the west, and by the fact that their apparent sizes at rising, peak, and setting were constant. For if their motion fol77

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lowed any path other than along a sphere, they would have to be closer to view at some times than at others, and if so their magnitudes or apparent sizes would vary. They would seem bigger when closer than when farther off. But since there was no such variation to be seen, he was certain that their motion was in a spherical course.

He continued to study the motion of the moon, observing that this was from west to east, and he even observed the retrograde motion of the planets.¹³⁸ Thus he eventually learned a great deal of astronomy. He now knew that the courses of the stars could be set only in a number of spheres, all enclosed in one great sphere above them all, which moves the whole from east to west in a day and a night. But to explain each step in his progress in astronomy would be a protracted task. And this, after all, is treated at length in books. For our purpose no more is needed than what I have already set down.

Having reached this point, Hayy understood that the heavens and all that is in them are, as it were, one being whose parts are all interconnected. All the bodies he had known before such as earth, water, air, plants and animals were enclosed within this being and never left it. The whole was like an animal. The light-giving stars were its senses. The spheres, articulated one to the next, were its limbs. And the world of generation and decay within was like the juices and wastes in the beast's belly, where smaller animals often breed, as in the macrocosm.

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Seeing the whole universe as in reality one great being, and uniting all its many parts in his mind by the same sort of reasoning which had led him to see the oneness of all bodies in the world of generation and decay, Hayy wondered whether all this had come to be from nothing, or in no respect emerged from nothingness but always existed. On this question he had many misgivings. Neither position seemed to prevail. For whenever he assumed the eternity of the universe, numerous difficulties arose due to the fact that any actual infinity could be shown to be impossible by the same sort of reasoning which had shown him the impossibility of an infinite physical body. Besides he knew that the world could not exist without temporal events, thus

it could not precede them. But what cannot precede temporal events must itself come to be in time.¹⁴¹

When, on the other hand, he assumed that the universe arose in time, other objections assailed him. Thus he realized that the notion of the universe coming to be from nothing could be made sense of only in terms of a time before there was a universe—but time itself is an inseparable part of the universe. Therefore it is inconceivable that the origin of the universe came before the origin of time. Turthermore, he said to himself, "if the universe came to be in time, there must have been some cause to bring it into being. Why did this Cause bring about a world now rather than before? Had some outside force disturbed Him? Nothing existed but He. Had some change, then, occurred within Him? But what brought about that change?"

For some years Hayy pondered over this problem, but the arguments always seemed to cancel each other. Neither position could outweigh the other. Baffled and exhausted by this dilemma, he began to wonder what each of the beliefs entailed. Perhaps the implications were the same! For he saw that if he assumed that the universe had come to be in time, ex nihilo, then the necessary consequence would be that it could not have come into existence by itself, but must have had a Maker to give it being. This Maker could not be perceptible to the senses; for if it could be apprehended by sense perception, then it would be a material body, and thus part of the world, itself in time and in need of a cause. If this second cause were physical, it would need a third; the third, a fourth, and so ad infinitum—which is absurd.

Thus the world must have a non-corporeal Cause. Since He is not a physical being there is no way of perceiving Him through the senses, as the five senses can grasp only physical objects and their attributes. But if He cannot be perceived, He cannot be imagined either, since imagining is no more than the mind's projection of images belonging to sense objects no longer present. Furthermore, if He is not a material body, then it is impossible to apply to him any of the predicates of physical things. Chief of these is extension in length, width, and depth. He transcends these

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and all the physical characteristics that follow from them. Finally as Maker of the universe He must know it and have sway over it: "Can it be that the Creator does not know? He is Kindly and Aware." 147

Alternatively, Hayy saw that if he assumed the eternity of the world, that is that it had always been as it is now 148 and not emerged from non-being, this would imply that its motion too was eternal and had never begun, never started up from rest. Now every motion requires a mover. 149 This mover can be either a force distributed through some body -self-moving or externally moved-or a force which is not distributable or diffusible in physical bodies. But the type of force which is diffused and distributed through material things is divided when they divide and augmented proportionately as they increase. Weight, for example, in a stone is what causes its downward motion. If the stone is split in half, so is its weight; and if another is added, equal to the first, the weight increases by an equal amount. If it were possible to keep adding stones forever, then the weight would mount to infinity; but if the stones reached a certain number and stopped, then the weight would reach a corresponding point and stop. Yet it has already been proved that every material body must be finite. So every force in a material body must be finite. Should we discover a force engaged in an infinite task, that force cannot belong to a physical thing. But we have found the motion of the heavens to be ceaseless and eternal, for ex hypothesi it has gone on forever and had no beginning. Ergo the force that moves them must be neither in their own physical structure nor in any external physical being. It can only belong to some Being independent of all material things and indescribable by any predicate applicable to them.

When first reflecting on the world of generation and decay, Hayy had become aware that the substantiality of any material thing rests in its form, that is its propensity for certain types of motion. Its being, on the material side, is defective at best, and in itself scarcely conceivable. If so, the being of the whole universe is ultimately no more than its capacity to be moved by this great Mover, who is free

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of matter and all its attributes and transcends all that sense can perceive or imagination approach. If He brings about the sidereal motions, each in its kind and all without discontinuity, never halting, never tiring, then He must know them all and hold absolute power over them.

So this train of thought brought him exactly where the other had. He was no longer troubled by the dilemmas of creation versus eternity, for either way the existence of a non-corporeal Author of the universe remained unscathed, a Being neither in contact with matter nor cut off from it, neither within nor outside it—for all these terms, 'contact' and 'discontinuity', inside' and 'outside' are merely predicates of the very physical things which He transcends. 150

Since matter in every body demands a form, as it exists through its form and can have no reality apart from it, and since forms can be brought into being only by this Creator, all being, Hayy saw, is plainly dependent on Him for existence itself. Nothing can subsist except through Him. Thus He is the Cause of all things, and all are His effects, whether they came to be out of nothing or had no beginning in time and were in no way successors to non-being. In either case they are His effects, dependent on Him for their existence, since He is their Cause and Maker. If He did not endure, they would not endure. If He did not exist, they would not exist. If He were not eternal, they could not have been eternal.¹⁵¹

But He, in Himself, has no need of them and is utterly independent of them. How could this not be so, when it has been proved that His force and power are infinite, while all physical things and everything connected with them or in the least related to them are truncated and finite? The whole Universe, then, and all that is in it—heaven and earth and all that lies above, beneath and between—is His work and creation, ontologically, if not temporally, posterior to Him.

Suppose you held something in your hand while moving your arm. The object you held would undoubtedly move with your hand, subsequently not in time, but in fact—for in time the two motions are simultaneous.¹⁵² It is in this

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way, out of time, that the universe is caused and created by its Maker "Whose command, when He desires a thing is simply to tell it 'Be!' and it is." 158

The moment Hayy realized that all that exists is His work, he saw things in a new and different light. It was as an expression of its Maker's power that he saw each thing now, marvelling at His wonderful craftsmanship, the elegance of His plan and ingenuity of His work.¹⁵⁴ In the least of things—not to speak of the greatest—Hayy found marks of wisdom and divine creativity that exhausted his powers of admiration and confirmed his belief that all this could issue only from a Cause of consummate perfection—beyond perfection! "Not an atom's weight escapes Him in heaven or on earth nor anything at all, greater or less." ¹⁵⁵

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Havy considered how the Creator had given each sort of animal its makeup and showed how these were to be used -for if He did not teach animals to use their parts for their intended purposes, they would do the animals no more good than if they did not have them. 156 From this Havy learned that He is most good and merciful. From then on, whenever he saw a being that was good, or beautiful, or strong, or perfect in any way, he would recognize, on considering, that this must be its Maker's work and stem from His overflowing abundance and liberality. Thus he knew that what He Himself possesses must be greater and more perfect, fuller, better, and more lasting out of all proportion, than what He gives. And so, continuing the sequence of perfections, Hayy saw that all belong to Him, proceed from Him, and are more truly predicated of Him than of any other being.

He surveyed the privations and saw that He is clear of them and transcends them all. How could He not transcend privation when the very concept means no more than absolute or relative non-being—and how could non-being be associated or confused with Him Who is pure being, Whose essence is necessary existence, Who gives being to all that is? There is no existence but Him. He is being, perfection, and wholeness. He is goodness, beauty, power, and knowledge. He is He. "All things perish except His face." 158

By the end of his fifth seven-year span, his awareness had

brought him to this point. He was thirty-five. By now thought of this Subject was so deeply rooted¹⁵⁹ in his heart that he could think of nothing else. He was distracted from his prior investigation of created being. For now his eye fell on nothing without immediately detecting in it signs of His workmanship—then instantly his thoughts would shift from craft to Craftsman, deepening his love of Him, totally detaching his heart from the sensory world, and binding it to the world of mind.

Having gained an awareness of this eternally existing Being, Whose existence is uncaused, but Who is the cause of all existence, Havy wished to know how this knowledge had come to him. By what power had he apprehended such a being? He counted off his senses-hearing, sight, smell, taste, and touch. None of these could grasp anything but the physical or the attributes subsisting in it. Hearing catches only sounds which are generated by the vibrating waves of air when bodies strike together. 160 Sight knows only colors; smell, odors; taste, flavors; touch, textures—hard or soft, rough or smooth. Imagination too can apprehend only things with length, breadth, and depth. All these are qualities predicable only of physical things. Only these can be objects of the senses because the senses themselves are powers diffused in material things, and thus divisible with their substrates. The senses, for this reason, can apprehend only divisible objects, that is physical things. For these faculties are spread thoughout a divisible thing and their object must be capable of a corresponding division. Thus any faculty in a physical body can apprehend only physical bodies and their attributes.161

But it was already quite clear to Hayy that this necessarily existent Being transcends physical attributes in every respect. The only way to apprehend Him, then, must be by some non-physical means, something which is neither a bodily faculty nor in any way bound up with body—neither inside nor outside, neither in contact with it nor disjoined from it. Hayy had also realized that what had brought him his awareness of this Being would be his true self, and now that his understanding of Him was better, he recognized that this self too, by which he had come to know Him, was

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non-corporeal and not qualifiable by any physical predicate. The whole outward self, the objective, corporeal being he could perceive, was not his true self; his true identity was that by which he had apprehended the Necessarily Existent.

Knowing now that this embodiment, apprehended by the senses and enveloped in the skin was not himself, he thoroughly despised his body and set eagerly to thinking of that higher self by which he had reached an awareness of the sublime Being, Whose existence is necessary.¹⁶²

Was it possible that this other, nobler being, which was himself, could perish—or was it everlasting? Disintegration and decay are, he knew, predicates of physical things indicating simply that they have taken off one form and put on another, as when water turns to air, or air to water, or when plants become soil or ashes, or soil becomes a plant. This is the meaning of breakdown. But the destruction of a non-physical being which does not depend for its existence on any body, and which completely transcends the physical, is utterly inconceivable.

Satisfied that his true self could not perish, he desired to know what its fate would be once it had freed itself of the body and left it behind. Clearly this being would not abandon the body until no further use could be derived from it as a tool.¹⁶³

Hayy surveyed all his powers of perception and saw that each works actually at one time, potentially at another.¹⁶⁴ The eye, for example, when closed or averted from its object still sees potentially. The meaning of 'seeing potentially' is that while it is not seeing now, it will in the future. When open and turned toward its object, it actually sees. 'Seeing actually' means seeing now.¹⁶⁵ The same holds for all these faculties, they all work either actually or potentially.

Any faculty of apprehension which at no time actually perceives but remains "forever potential", never desiring to grasp its appropriate object because that object has never been encountered by it, is like a man born blind. If such a faculty actually does perceive for a time and then relapses into potentiality, but even in the potential state still yearns for actual perception, since it has known its proper object and grown fond of it, then it is like a sighted man gone

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blind who still longs for what he used to see. The more beautiful, whole, or good the objects he once knew, the greater his longing for them and grief at their loss. For this reason the sorrow of a man who has lost his sight is greater than that of one who has lost his sense of smell, for the objects of sight are higher and better than those of smell.

If there is a Being Whose perfection is infinite, Whose splendor and goodness know no bounds, Who is beyond perfection, goodness, and beauty, a Being such that no perfection, no goodness, no beauty, no splendor does not flow from Him, then to lose hold of such a Being, and having known Him to be unable to find Him must mean infinite torture as long as He is not found. Likewise to preserve constant awareness of Him is to know joy without lapse, unending bliss, infinite rapture and delight.

Havy had already realized that while He transcends all privations, every attribute of perfection can be applied to the Necessarily Existent. He also knew that what in him had allowed him to apprehend this Being was unlike bodies and would not decay as they did. From this he saw that, leaving the body at death, anyone with an identity like his own, capable of awareness such as he possessed, must undergo one of these three fates: If, while in command of the body, he has not known the Necessarily Existent, never confronted Him or heard of Him, then on leaving the body he will neither long for this Being nor mourn His loss. bodily powers will go to ruin with the body, and thus make no more demands or miss the objects of their cravings now that they are gone. This is the fate of all dumb animals even those of human form. If, while in charge of the body, he has encountered this Being and learned of His goodness but turned away to follow his own passions, until death overtook him in the midst of such a life, depriving him of the experience he has learned to long for, he will endure prolonged agony and infinite pain, either escaping the torture at last, after an immense struggle, to witness once again what he yearned for, or remaining forever in torment, depending on which direction he tended toward in his bodily life. If he knows the Necessarily Existent before departing 95

the body, and turns to Him with his whole being, fastens his thoughts on His goodness, beauty, and majesty, never turning away until death overtakes him, turned toward Him in the midst of actual experience, then on leaving the body, he will live on in infinite joy, bliss, and delight, happiness unbroken because his experience of the Necessarily Existent will be unbroken and no longer marred by the demands of the bodily powers for sensory things—which alongside this ecstasy are encumbrances, irritants and evils.

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Seeing that self-realization and happiness meant constant actual experience of the Necessarily Existent, turning away not for an instant so that when death came it would find him rapt in ecstasy and the continuity of his delight would remain unbroken by pain, Hayy considered how he might maintain continuous, actual awareness without distraction. He would concentrate on that Being166 for a time, but as soon as he did some sensory thing would present itself to view, some animal cry would split his ears, some image would dart across his mind, he would feel a pain somewhere, or get hungry or thirsty or hot or cold, 167 or have to get up to relieve himself. His thoughts would be disrupted. and he would lose what he had begun to reach. It was impossible for him to recapture the experience without tremendous effort; and he feared death might surprise him in a moment of distraction, leaving him to sink into the everlasting misery and torment of deprivation.168 The malady was grave, and he did not know the cure.

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Hayy went back over all the animal species, checking all their doings and strivings to see whether he might not find one that was aware of this Being and made Him its goal, to learn from it how to save himself. But all animals, he saw, struggled day and night simply getting enough to eat, satisfying their appetites for food, water, mates, shade, and shelter, until their span of time was up and they died. Not one could be seen to diverge from the pattern or ever strive toward anything else. Apparently, then, none of them was aware of this Being, desired Him, or had any notion of Him. All of them would turn to nothing, or next to nothing.

Having judged this to be true of animals, Hayy recognized that it would be all the more so with plants, which

have only a fraction of the avenues of perception open to animals. If animals whose apprehension is the better and more complete, are incapable of reaching this level of consciousness, then beings whose perception is stunted are all the further removed from such an attainment. After all, the whole of plant functioning goes no further than nutrition and reproduction.

He looked to the stars and spheres then, seeing how all circled in an ordered array of rhythmic motion. They were diaphanous and luminous, far above all change and decay, and he made a strong surmise that they too had identities apart from their bodies, identities which knew this necessarily existent being and were neither physical nor imprints on anything physical. How could they not have such identities, free of all that is bodily, when, with all his weakness, his desperate dependence on sensory things, and despite the fact that he lived among decaying bodies, even he had such a self? His inadequacy did not prevent his true being from standing independent of all physical things and incorruptible. Clearly the heavenly bodies must be all the more so. Thus Hayy knew that they would know the Necessarily Existent and that their awareness of Him would be continuously actual since they are not subject to such hindrances as the sensory distractions that interrupted his own contemplation. 170

He asked himself then why he of all living beings should be singled out to possess an identity that made him very like the stars. He had seen how the elements changed into one another. Nothing on the face of the earth kept the same form. All was in a constant alternation of build-up and breakdown. Most bodies were mixtures, compounded of conflicting things, and so all the more prone to degeneration. No physical thing was pure, although those which came closest to untainted purity, such as gold and sapphire, 1711 lasted longest. The heavenly bodies were pure and uncompounded, and for this reason not subject to a succession of forms, and virtually beyond destruction.

Hayy had learned, moreover, that of bodies in the world of generation and decay some, namely the four elements, were made up of just one form besides physicality, while 99

others, such as plants and animals, comprised more than one additional form. Those with the fewest forms to compose their reality showed the least activity and were at the furthest remove from life. If form were absent completely, life was totally impossible; the result was something very like non-being.¹⁷² Beings composed of a greater number of forms showed more activity and a closer approach to life. When form became inseparable from matter, then life was present at its strongest, stablest, and most unmistakable.

What has no form at all is hule, matter. It is not in the least alive, but next to non-existent. Composed with just one form are the four elements, occupying the lowest ontic rungs in the world of generation and decay. From these are compounded things with more than one form. The elements have a very weak claim on life, not only because each has only one mode of motion, but also because each has an opposite working directly against it, tending to cancel its effects and eradicate its form. For this reason its existence is unstable and its "life" tenuous. The purchase of plants on life is stronger, however; and animals are plainly more alive than they. The reason is that in ordinary compounds the nature of one element predominates. Its strength in the composite overwhelms the other elements and destroys their capacities to function. Such a compound passes under the sway of the prevailing element and thus becomes unsuited for life to any but a trivial degree—just as that element alone makes a negligible bid for life.

In those compounds, however, which are not dominated by the nature of one element, where the elements are mutually tempered and counterbalanced (and for this reason one element does not wipe out the effective force of its opposite to any greater degree than its own power of action is checked by the other), each element's potential will do its work on the other to just the right extent, allowing the activity of one to show up no plainer than that of any other. No one element will take over the whole, so the whole will bear little resemblance to any of them. Its form, then, will have virtually no direct opposite—thus it will be ideally suited for life.

The stronger and stabler the equilibrium, the harder it

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is to find any opposite to work against it and the fuller its share in life. Since the vital spirit situated in the heart is securely balanced in such an equilibrium, being finer than earth or water, but denser than fire or air, it is a middle so to speak, and no one element is in direct conflict with it. This fits it well for life.

The implication Hayy drew from this was that the vital spirit with the stablest equilibrium would be fit for the highest form of life to be found in the world of generation and decay. The form of such a spirit could virtually be said to have no opposite. In this it would resemble the heavenly bodies, the forms of which have none at all. The spirit of such an animal, being truly at a mean among the elements, would have absolutely no tendency up or down. In fact, if it could be set in space, between the center and the outermost limit of fire, without being destroyed, it would stabilize there, neither rising nor falling. If it moved in place, it would orbit like the stars, and if it moved in position it would spin on its axis. Its shape could only be spherical. Thus it would bear a strong resemblance to the heavenly bodies.¹⁷³

Hayy had considered all phases of animal life and found none that gave him reason to suspect it was aware of the Necessarily Existent. But his own consciousness informed him that it was aware of Him. He was sure, for this reason, that he himself was the ideally balanced animal, kindred spirit of the celestial bodies. Apparently, he was a species set apart from all other animal species, created for a different end than all the rest, dedicated to a great task which no animal could undertake.

Sufficient to establish his superiority was the fact that even his lower, bodily half bore the closest resemblance to those heavenly starsubstances that lived beyond the world of generation and decay, far beyond all change and want.¹⁷⁴ As for his nobler part, it was by this that he knew the Necessarily Existent Being. This conscious part was something sovereign, divine, unchanging and untouched by decay, indescribable in physical terms, invisible to both sense and imagination, unknowable through any instrument but itself, yet self-discovered, at once the knower, the known and

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knowing, the subject and object of consciousness, and consciousness itself.¹⁷⁵ There is no distinction among the three, for distinction and disjunction apply to bodies. But here there is no body and physical predicates and relations do not apply.¹⁷⁶

Seeing that what made him different from all other animals made him like the heavenly bodies, Hayy judged that this implied an obligation on his part to take them as his pattern, imitate their action and do all he could to be like them.

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By the same token, Hayy saw that his nobler part, by which he knew the Necessarily Existent, bore some resemblance to Him as well. For like Him it transcended the physical. Thus another obligation was to endeavor, in whatever way possible, to attain His attributes, to imitate His ways, and remold his character to His, diligently execute His will, surrender all to Him, accept in his heart His every judgement outwardly and inwardly. Even when He caused harm or pain to his body, even if He destroyed it completely, he must rejoice in His rule.¹⁷⁷

He recognized, however, that he was like the lesser animals in his lower half, the body, for it belonged to the world of generation and decay. It was dull and dark and demanded sensory things of him—food, drink, intercourse.¹⁷⁸ Still he knew that this body had not been created for him idly. It had not been linked with him for nothing.¹⁷⁹ He must care for and preserve it, even though in so doing he would do no more than any animal.

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His duties, then, seemed to fall under three heads, those in which he would resemble an inarticulate animal, those in which he would resemble a celestial body, and those in which he would resemble the Necessarily Existent Being. He had to act like an animal to the extent that he had a dull, sublunary body with differentiated parts and conflicting powers and drives. He had an obligation to imitate the stars in virtue of the vital spirit in his heart, which was command point for the rest of the body and all its powers. It was his obligation to become like the Necessarily Existent because he was (and to the extent that he was) himself, 180 that is to the extent of his identity with that self which

brought him his awareness of the Necessarily Existent Being.

Hayy had learned that his ultimate happiness and triumph over misery would be won only if he could make his awareness of the Necessarily Existent so continuous that nothing could distract him from it for an instant. He had wondered how this might be achieved and now came to the conclusion that the means would be to practice these three forms of mimesis.

The first would by no means give him this ecstasy. On the contrary, it would hinder the experience and distract him from it, since it meant handling sensory things, and all sense objects are veils blocking out such experience. This type of imitating was needed only to preserve the vital spirit, by which he might accomplish the second sort of assimilation, that by which he would become like the heavenly bodies. Thus the first type was a necessity despite its inherent drawbacks. His second type of imitation, however, did bring a large measure of continuity to his contemplation. Still the experience was not altogether untainted, for at this level of experience, one remains self-conscious and self-regarding, as will be made clear shortly.

The third sort of imitation is attainment of the pure beatific experience, submersion, concentration on Him alone Whose existence is necessary. In this experience the self vanishes; it is extinguished, obliterated—and so are all other subjectivities. All that remains is the One, True identity, the Necessarily Existent—glory, exaltation, and honor to Him.¹⁸¹

Hayy knew that his supreme goal was this third form of mimesis; but this would not be his without a long stint of training and self-discipline through the second, and this itself would not hold up for long if he neglected the first. He knew also that serving his first likeness, although necessary and per accidens helpful, would hamper his true self. So he made himself a rule to impose on himself no more of this first form of imitation than was necessary to keep the vital spirit on the brink of survival. Necessity called for two things to preserve this spirit: one to sustain it from within and replace what broke down, that is food; and the

other to protect if from without and keep off various sorts of harm such as heat and cold, rain, too much sun, and harmful animals.

If he heedlessly allowed himself these necessities when and where he found them, he might well go too far and take more than he needed. Without his realizing it, his efforts might work against him. The prudent thing, Hayy saw, would be to set himself a limit he would not overstep. There would be certain fixed quantities he would not surpass. He must make rules about what to eat, how much, and how often.

He first considered what to eat. There seemed to be three sorts of food: plants that had not yet reached peak maturity, that is various edible green vegetables; fruits of plants that had completed their life cycles and were ready to produce a new generation, comprising fresh and dried fruit; and animals, terrestrial and marine.

All these he was certain were the work of that Necessarily Existent Being, whom he must endeavor to be like, as he now saw clearly, if he were to attain happiness. Feeding on them would unavoidably cut them off from their own fulfillment and prevent them all from achieving their intended purpose. This would mean opposition to the work of the Creator and defeat the whole aim of drawing near Him and becoming like Him.

The answer, apparently, was, if possible, to give up eating completely. Unfortunately he could not do so because not eating tended to make his own body waste away, which was even more glaring a contradiction to the work of his Creator, since he was superior to those other beings whose destruction meant his survival. So Hayy chose the lesser of evils. He was forced to condone in himself the slighter form of opposition to His work.

He decided that if some varieties of food were unavailable, he would take whatever came most readily to hand in a quantity he would set. But if all were available, then he would have to decide carefully what to eat so as to bring about the least opposition to the work of the Creator. Thus he could eat such things as the meat of fully ripened fruits, with seeds ready to reproduce, provided he was certain not

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to eat or harm the seeds or throw them in places unfit for vegetation—among rocks or in salt flats or the like. If it was hard to find fruit with nourishing meat, such as apples, plums, and pears, then he would have to eat either fruits in which only the seed had food-value, such as nuts and chestnuts, or else green vegetables—on condition that he pick only the most abundant and prolific and be sure not to uproot them or destroy the seeds. If none of these were available, then he must eat meat or eggs, again being careful to take only from the most abundant and not root out a whole species. So much for his notion of what he should eat.¹⁸²

As for the amount, he felt it should be enough to stave off hunger, but no more. For the time to be allowed between meals, he considered he should eat what he needed and then look for no more until he began to feel too weak to carry out some of the tasks imposed on him by his second mode of imitation, which will be spoken of in a moment.

In terms of protection, the requirements for keeping alive the vital spirit were easily taken care of. He wore skins and had a house to guard against any incursion of the environment. This was enough for him.¹⁸³ He did not consider it worth his while to spend a great deal of time on it. He did keep the dietary rules he'd made for himself, which I have described.

Having secured the needs of his body, inside and out, Hayy took up his second duty, to become like the celestial bodies, to do as they did, and model himself on their attributes. Their properties, in his judgement, fell into three classes: First, their attributes in relation to the world of generation and decay below, giving warmth essentially, and per accidens cooling, radiation of light, thickening and thinning and all the other things they do to prepare the world for the outpouring of spirit-forms upon it from the Necessarily Existent Creator. Second, the properties they had in and of themselves, transparency, luminescence, purity from all taint, and transcendence of all tarnish, their circular motion, whether on their own axis or around some other center. Third, their attributes in relation to the Necessarily Existent, their continuous, undistracted awareness of Him.

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their longing for Him,¹⁸⁵ their total submission to His rule and devoted execution of His will, moving only at His pleasure and always in the clasp of His hand.¹⁸⁶

Hayy exerted every effort to be like them in these three ways. For the first, he imitated their action by never allowing himself to see any plant or animal hurt, sick, encumbered, or in need without helping it if he could. If he noticed a plant cut off from the sun, he would, if possible, remove what was screening it. If he saw one plant tangled in another that might harm it, he would separate the two so carefully that not even the weed was damaged. If he saw a plant dying for lack of water, he would water it as often as he could. When he saw an animal attacked by a predator, 187 caught in a tangle, or stuck by a thorn, or with anything harmful in its eye or ear, or under pressure of hunger or thirst, Hayy did all he could to alleviate the situation and gave it food and water. Chancing to see an animal or plant's water-supply cut off by a fallen rock or a fragment swept away from the overhanging riverbank, he would always clear away the obstacle. He kept up his practice at this particular variety of imitation until he reached peak proficiency.188

To be like the heavenly bodies in the second respect, Hayy made sure always to be clean, washing frequently with water, getting all the dirt and grime off his body, cleaning his teeth, nails, and every nook and cranny of his body—even scenting it as best as he could with plant fragrances and various pleasant smelling oils. He took great care to see that his clothes were always clean and fragrant, and soon he did begin to sparkle with vitality, cleanliness, and beauty.¹⁸⁹

In addition, Hayy prescribed himself circular motion of various kinds. Sometimes he would circle the island, skirting along the beach and roving in the inlets. Sometimes he would march around his house or certain large rocks a set number of times, either walking or at a trot. Or at times he would spin around in circles until he got dizzy.

His method of becoming like the heavenly bodies in the third respect was to fix his mind on the Necessarily Existent Being, cut away the bonds of all objects of the senses—shut

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his eyes, stop his ears, use all the force at his command to restrain the play of imagination¹⁹²—and try with all his might to think only of Him, without idolatrously mixing any other thought with the thought of Him.¹⁹⁸ Often he would aid himself by spinning around faster and faster.

If he spun fast enough, all sensory things would vanish; imagination itself, and every other faculty dependent on bodily organs would fade, and the action of his true self, which transcended the body, would grow more powerful. In this way sometimes his mind would be cleansed, and through it he would see the Necessarily Existent—until the bodily powers rushed back, disrupting his ecstasy, and reducing him once more to the lowest of the low.¹⁹⁴ Then he would start over again.

When he became so weak that he could no longer work toward his goal, he would take a little nourishment, always following his rules, and return to his three ways of imitating the celestial bodies. Tirelessly he battled against the drives of his body—and they fought back. But when for a moment he had the upper hand and rid his mind of tarnish, he would see with a flash what it was like to reach this third type of likeness to the stars.¹⁹⁵

He then began to explore in the endeavor to achieve the third type of imitation. He considered the attributes of the Necessarily Existent. Already at the purely intellectual stage, before taking up active practice, ¹⁹⁶ Hayy had learned that these attributes are of one of two kinds: either positive, like knowledge, power, and wisdom, or negative, like transcendence of the physical and all that even remotely pertains to it. This transcendence implies that the list of positive attributes can include no attribute proper to physical things—as is plurality. Thus His positive attributes do not render His identity plural, but all must reduce to one principle, which is His real self. ¹⁹⁷

Hayy then took up the task of becoming like Him in both these ways. For the positive attributes, knowing they all reduced to His identity (since plurality, belonging to physical things, was totally out of place here) and thus realizing that His self-awareness was not distinct from Himself, but His identity was Self-consciouness and His Self-knowledge 117

was Himself, Hayy understood that if he himself could learn to know Him, then his knowledge of Him too would not be distinct from His essence, but would be identical with Him. Thus Hayy learned that to become like Him in His positive attributes is simply to know Him, without sacrile-giously associating anything physical with Him. This he set out to do.

The negative qualities all reduced to transcendence of physicality. So Hayy set about eliminating the physical in himself. The exercises by which he approached some likeness to the heavenly bodies had already brought him quite a way in this direction. Still, many vestiges remained: For example, his circular motion, since 'motion' was a predicate appropriate only to physical objects. His compassion and solicitude for animals and plants and his eagerness to remove anything that hampered them were themselves characteristic of the physical, since he would not have seen the objects of his concern in the first place without using a corporeal faculty; and to help them too required use of his bodily powers.

So Hayy undertook to expel all this from himself, for none of these things was conducive to the ecstasy he now sought. He would stay in his cave, 200 sitting on the stone floor, head bent, eyes shut, oblivious to all objects of the senses and urges of the body, his thoughts and all his devotion focused on the Being Whose Existence is Necessity, alone and without rival. When any alien thought sprang to his imagination, Hayy would resist it with all his might and drive it out of his mind.

He disciplined himself and practiced endurance until sometimes days could pass without his moving or eating. And sometimes, in the midst of his struggles, all thoughts and memories would vanish—except self-consciousness. Even when immersed in the beatific experience of the Necessarily Existent Truth, his own subjecthood would not disappear. This tormented Hayy, for he knew it was a blot on the purity of the experience, division of his attention as if with some other God. Hayy made a concerted effort to purge his awareness-of-the-Truth, die to himself. At last

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it came. From memory and mind all disappeared, "heaven and earth and all that is between them," 201 all forms of the spirit and powers of the body, even the disembodied powers that know the Truly Existent. And with the rest vanished the identity that was himself. Everything melted away, dissolved, "scattered into fine dust." All that remained was the One, the True Being, Whose existence is eternal, Who uttered words identical with himself: "Whose is the Kingdom on this day? God's alone, One and Triumphant!" God's alone, One and Triumphant!"

Hayy understood His words and "heard" the summons they made. Not knowing how to speak did not prevent him from understanding.²⁰⁴ Drowned in ecstasy, he witnessed "what no eye has seen or ear heard, nor has it entered into the heart of man to conceive."²⁰⁵

Now do not set your heart on a description of what has never been represented in a human heart. For many things that are articulate in the heart cannot be described. How then can I formularize something that cannot possibly be projected in the heart, belonging to a different world, a different order of being?

Nor by 'heart' do I mean only the physical heart or the spirit it encloses. I mean also the form of that spirit which spreads its powers throughout the human body. All three of these might be termed 'heart', but there is no way of articulating this experience in any of them, and only what is articulate can be expressed. The ambition to put this into words is reaching for the impossible—like wanting to taste colors, expecting black as such to taste either sweet or sour.²⁰⁶

Still I shall not leave you without some hint as to the wonders Hayy saw from this height, not by pounding on the gates of truth, but by coining symbols, 207 for there is no way of finding out what truly occurs at this plateau of experience besides reaching it. So listen now with the ears of your heart and look sharp with the eyes of your mind, for what I shall try to convey to you. Perhaps in what I say you will find guideposts to set you on the main road. My only condition is that you now demand of me no further

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explanation of this experience than I set down in these pages. For it is dangerous to make pronouncements on the ineffable, and the margins in which I work are narrow.

To continue, Hayy had "died" to himself, and to every other self. He had witnessed his vision and seen nothing in all existence but the everliving ONE. Recovered now from his seemingly intoxicated ecstasy, he saw other things once more, and the notion came into his head that his identity was none other than that of the Truth. His true self was the Truth. What he had once supposed to be himself. as distinct from the Truth, was really nothing in itself, but was in reality in no way discrete from the Truth.²⁰⁸ When sunlight falls on opaque bodies and becomes visible, it may bear some relation to the object it lights up, but it is never really anything other than sunlight. When the body is gone, so is its light, but the sun's light remains the same, not increased by the object's absence or diminished by its presence. If an object comes along capable of taking on this type of light, then it receives it; if no such object is present there is no reflecting and no occasion for it.

Hayy was confirmed in the notion by his awareness that the Truth, glorified and exalted be He, was not in any sense plural and that His Self-knowledge was Himself. It seemed to him to follow that whoever gains consciousness of His essence wins that essence itself. Hayy had attained His identity. This identity could be reached only by Himself; indeed this very Self-awareness was His identity. If so, then Hayy must be identical with Him, and so must every disembodied being that knows Him. These he had once seen as many; but now, in the light of this presumption, they seemed to merge into one entity.

This specious thinking might well have taken root in his soul, had not God in His mercy caught hold of him and guided him back to the truth.²⁰⁹ He then realized that he would never have fallen prey to such a delusion unless some shadows of the physical or taint of sensory things still lurked within him. For 'many', 'few', and 'one'; 'singularity' and 'plurality'; 'union' and 'discreteness', are all predicates applicable only to physical things.²¹⁰ But those non-material beings who know the Truth, glorified and exalted be He,

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precisely because they are free of matter, need not be said to be either one or many. The reason is that there is multiplicity only when there is otherness and unity only where there is contact. Both of these make sense only for things that are compounded—and confounded—in matter.

Expression on this subject, however, is extremely difficult. If you speak of the non-material beings in the plural, as I have, it suggests that they are many. But they are entirely free of plurality. If, on the other hand, you use the singular, it suggests absolute unity, which is equally impossible for them.

What is this? It seems to be a bat that interrupts me, its eyes blinded by the sun,²¹¹ baffled in the meshes of its own mad confusion, crying "This time your hair-splitting has gone too far. You have shed what the intelligent know by instinct and abandoned the rule of reason. It is an axiom of reason that a thing must be either one or many!"

Now if he could just calm himself and curb the rashness of his tongue-if he could only suspect himself and consider the vile, sensory world in which he lives, consider it as Hayy Ibn Yaqzan did, when from one point of view it seemed plural beyond number or term; and from another, a monolith. Havy could not decide one way or the other, but remained oscillating between the two descriptions. Such a quandary over the sense world, the birthplace and proper home of whatever legitimate understanding is conveyed by 'singular' and 'plural', 'discrete' and 'continuous', 'separate' and 'conjoined', 'identical' and 'other', 'same' and 'different'. What then was Hayy to think of the divine world, where 'whole' and 'part' are inapplicable, a world indescribable without misrepresentation, which no one can know or fully understand without actually reaching it and seeing for himself.

He says I have "left what every sound mind is born with and abandoned the rule of reason." I shall grant him that. I have left him and his reason and his "sound minds." What he means by reason—he and his ilk—is no more than the power to articulate, to abstract a general concept from a number of sensory particulars, and his "men of sound reason" are simply those whose minds work the same way. But

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the kind of understanding I am speaking of transcends all this.²¹⁸ The man who knows only sense particulars and universals drawn from them had better stop up his ears and go back to his friends, who "know only the surface of this life and are heedless of the next."²¹⁴

Still, if in your case a hint and a glimpse will be enough to give you some idea of the divine world, and if you can avoid construing my words in their ordinary senses, 215 then I can tell you a bit more of what Hayy Ibn Yaqzan saw in his ecstasy. Passing through a deep trance to the complete death-of-self and real contact with the divine.216 he saw a being corresponding to the highest sphere, beyond which there is no body, a subject free of matter, and neither identical with the Truth and the One nor with the sphere itself. nor distinct from either²¹⁷—as the form of the sun appearing in a polished mirror is neither sun nor mirror, and vet distinct from neither. The splendor, perfection, and beauty he saw in the essence of that sphere were too magnificent to be described and too delicate to be clothed in written or spoken words. But he saw it to be at the pinnacle of joy, delight, and rapture, in blissful vision of the being of the Truth, glorious be His Majesty.²¹⁸

Just below this, at the sphere of the fixed stars, Hayy saw another non-material being. This again was neither identical with the Truth and the One, nor with the highest sphere, nor even with itself, yet distinct from none of these. It was like the form of the sun appearing in one mirror, reflected from a second which faced the sun. Here too were glory, beauty, and joy as in the highest. Lying just below he saw the identity of the sphere of Saturn, again divorced from matter and neither the same as nor different from the beings he had seen—as it were, the reflection of the reflection of the reflection of the reflection of the sun; and here too he saw splendor and rapture as before.

Thus for each sphere he witnessed a transcendent immaterial subject, neither identical with nor distinct from those above, like the form of the sun reflected from mirror to mirror with the descending order of spheres.²¹⁹ In each one Hayy sensed goodness, beauty, joy, and bliss that "no eye has seen, or ear heard, nor has it entered the heart of man to

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conceive," until finally he reached the world of generation and decay, the bowels of the sphere of the moon.²²⁰

Here too was an essence free of matter, not one with those he had seen—but none other. Only this being had seventy thousand faces. In every face were seventy thousand mouths; in every mouth, seventy thousand tongues, with which it ceaselessly praised, glorified, and sanctified²²¹ the being of the One who is the Truth.

In this being, which he took to be many although it is not, Hayy saw joy and perfection as before. It was as though the form of the sun were shining in rippling water from the last mirror in the sequence, reflected down the series from the first, which faced directly into the sun. Suddenly he caught sight of himself as an unembodied subject. If it were permissible to single out individuals from the identity of the seventy thousand faces, I would say that he was one of them.²²² Were it not that his being was created originally, I would say that they were he. And had this self of his not been individuated by a body on its creation I would have said that it had not come to be.²²³

From this height he saw other selves like his own, that had belonged to bodies which had come to be and perished, or to bodies with which they still coëxisted. There were so many (if one may speak of them as many) that they reached infinity. Or, if one may call them one, then all were one. In himself and in the other beings of his rank, Hayy saw goodness, beauty, joy without end, the like of which eyes cannot see, ears hear, or human hearts conceive, ineffable, known only by the aware, who arrive.²²⁴

He saw also many disembodied identities, more like tarnished mirrors, covered with rust, their faces averted and their backs to the brilliant mirrors in which shone the image of the sun. They were ugly, defective, and deformed beyond his imagining. In unending throes of torture and ineradicable agony, imprisoned in a pavilion of torment, scorched by the flaming partition,²²⁵ they were tossed about like chaff by pitchforks, now frantically scattered, now huddled together in fear.

Besides these tortured beings he saw others which had

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once been tightly knit and shone brightly, but had now dimmed and grown loose and ravelled. Hayy scrutinized these, studied them well. He saw a terrible sight, vast ruination, skittering creatures and a grave sentence, the fashioning of man and the raising up of creation, the outflow of the breath of life and its eradication. Little by little he pulled himself together. His senses came back. He regained consciousness from what seemed to have been a faint and lost his foothold on that plane of experience. As the world of the senses loomed back into view, the divine world vanished, for the two cannot be joined in one state of being—like two wives: if you make one happy, you make the other miserable. 227

You may object, "Your treatment of his experience shows that if these non-material identities belong to eternal, indestructible bodies like the spheres, they too will endure forever. But what if they belong to bodies subject to decay, such as that of the rational animal? Then they too ought to perish. By your own analogy of the reflecting mirrors, the image has permanence only so long as there is a mirror. If the mirror is ruined, then the image is obliterated."

I can only reply, it certainly did not take you long to forget our bargain and break my conditions! Did I not just tell you how narrow my scope for expression is here and warn you that my words would make a false impression in any case. Your misapprehension is due solely to your confusing my symbol with what it represents. You expect a one-for-one correspondence. Such literalism is not tolerable with ordinary figures of speech, and it is all the less tolerable in this special context. The sun, its light, its form and image, the mirrors and the forms reflected in them are all inseparable from physical bodies, unable to subsist without them, thus dependent on them for existence itself, and of course destroyed when they are destroyed.

But these divine, sovereign spirits all utterly transcend the physical and everything dependent on it. There is no tie of any kind between the two. To these beings, whether bodies endure or perish, whether they exist or not, is all the same. Their sole bond is to the One, the Truth, the Neces-

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sarily Existent, Who is the first of them, their origin and cause, the ground of their existence, Who gives them being, allows them to endure and even to be eternal. They have no need of bodies. On the contrary, all bodies depend on them. If they could conceivably go out of existence, then all material objects would go with them, for all physical things originate from them. In the same way, assuming the Truth Himself were to become non-existent—sanctified be He and exalted above all such thoughts!—then not one of these essences would exist, no physical things, no sense world, nothing! For all things are bound one to the next. 228

Yet even though the sense world mimics the divine like a shadow, and the divine world is self-sufficient and totally independent, still it is impossible to postulate complete non-existence for the sensory world, for the very reason that it does reflect the world of the divine. The destruction of the world, then, can mean only that it is transformed, not that it goes out of existence altogether. The Holy Book speaks clearly to this effect in describing how the mountains will be set in motion and become like tufts of wool, and men like moths, the sun and moon cast down, the seas split open and spilled out, on the Day when the earth turns to what is no longer earth, and the heavens to what is no longer heaven.²²⁹

These hints and no more I am able to relate concerning what Hayy Ibn Yaqzān witnessed at this lofty plane. Do not ask me to add anything more in words. That would be next to impossible. But I will tell you the rest of the story. Returned to the world of the senses from his wandering, Hayy grew weary of the cares of this world and longed still more for that other life. He tried to return as before, and found he could reach this higher level more easily and remain longer. He returned to the sense world and set out again, finding he could reach this station still more easily and stay still longer. Again and again he returned to that sublime state, more and more easily, more and more sustainedly, until he reached the point that he could attain it whenever he wished and remain as long as he liked.

He would stay riveted to his station, turning away only to attend the needs of his body, which had by now so wasted away that a more meagre figure could scarcely be 134

found.²³⁰ All the while, Hayy longed that God—glory to Him—would ease him altogether of his body,²³¹ which constantly called him away from his post, and let him enjoy bliss untrammelled and undisrupted, free of the painful need of leaving his vantage point to tend to the body. In this fashion Hayy lived until he had passed his seventh septenary and reached the age of fifty. It was then he chanced to make the acquaintance of Absāl. God willing, I shall tell you the tale of their friendship.

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Near the island where, according to one of the two conflicting accounts of his origin, Hayy was born, there was, so they say, a second island, in which had settled the followers of a certain true religion, based on the teachings of a certain ancient prophet—God's blessing on all such prophets. Now the practice in this religion was to represent all reality in symbols, providing concrete images of things and impressing their outlines on the people's souls, just as orators do when addressing a multitude. The sect spread widely throughout the island, ultimately growing so powerful and prominent that the king himself converted to it and made the people embrace it as well.²⁸²

There had grown up on this island two fine young men of ability and high principle, one named Absāl and the other Salāmān.²³⁸ Both had taken instruction in this religion and accepted it enthusiastically. Both held themselves dutybound to abide by all its laws and precepts for living.284 They practiced their religion together; and together, from time to time, they would study some of that religion's traditional expressions describing God-exalted be He-the angels He sends, and the character of resurrection, reward and punishment. Absāl, for his part, was the more deeply concerned with getting down to the heart of things, the more eager to discover spiritual values, and the more ready to attempt a more or less allegorical interpretation. Salāmān, on the other hand, was more anxious to preserve the literal and less prone to seek subtle intensions. On the whole he avoided giving too free rein to his thoughts.²⁸⁵ Still each of them executed the express commands of the text fastidiously, kept watch over his soul, and fought his passions.²³⁶

In the Law²³⁷ were certain statements proposing a life of

solitude and isolation and suggesting that by these means salvation and spiritual triumph could be won. Other statements, however, favored life in a community and involvement in society. Absal devoted himself to the quest for solitude, preferring the words of the Law in its favor because he was naturally a thoughtful man, fond of contemplation and of probing for the deeper meanings of things; and he did find the most propitious time for seeking what he hoped for to be when he was alone.²³⁸ But Salāmān preferred being among people and gave greater weight to the sayings of the Law in favor of society, since he was by nature chary of too much independent thinking or doing. In staying with the group he saw some means of fending off demonic promptings,289 dispelling distracting thoughts, and in general guarding against the goadings of the devil. Their differences on this point became the cause of their parting.

For Absāl had heard of the island where it is said Hayy came to be. He knew how temperate, fruitful and hospitable it was and how easy it would be, for anyone who so desired, to live there in solitude. So he decided to go there and remain in isolation for the rest of his life. He took what money he had,²⁴⁰ and with some hired a boat to take him to the island. The rest he divided among the poor; and, saying goodbye to his friend, he set sail. The sailors brought him to the island, set him down on the beach and left. Absāl remained there on the island, worshipping, magnifying, and sanctifying God—glory to Him—contemplating His most beautiful names and sublime attributes.²⁴¹

His reveries were undisrupted; his thoughts, unsullied. When he needed food, he would take some of the island fruits or game, just enough to hold his appetite in check. He lived in this way for some time in most perfect happiness and intimacy with his Lord. Each day he could see for himself God's splendid gifts and acts of grace—the ease with which He allowed him to find not just his food but all his wants, confirming his trust and putting a sparkle in his eye.²⁴²

All this while Hayy Ibn Yaqzān was deeply immersed in his supernal ecstasies, emerging from his cave no more than once a week for whatever food came to hand. For this rea138

son, Absāl did not come across him at first, but surveyed the whole island without seeing a soul or even a footprint—which made him all the happier, since his intention had been to be alone. But once, when Hayy had come out to look for food, Absāl happened to be nearby and they saw each other. Absāl had no doubt that this was another anchorite who had come to the island, as he had, in search of solitude. He was anxious not to disturb the other by introducing himself, for fear of disrupting his frame of mind and preventing his attaining the goal he would be hoping to reach.

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Hayy, for his part, had not the least idea what Absal was, since he had the form of no animal he had ever laid eyes on. Besides, he was wearing a long, black cloak of wool and goat hair, which Hayy took to be his natural coat.248 Hayy simply stood gazing at him in amazement; but Absal, still hoping not to distract him, took to his heels and ran. Always naturally eager to find out about things, Hayy set out after him. But, seeing Absal run still faster, he fell back and dropped out of sight, letting Absāl suppose he had lost the trail and gone elsewhere. Absal then took up his devotions and was soon completely absorbed in invocations, recitations, weeping, and lamentations. Little by little Hayy crept up without Absal's noticing, until he was in earshot of his praises and recitations and could make out how he was humbling himself and weeping. The voice he heard was pleasant and the sounds somehow clearly patterned, quite unlike the call of any animal he had ever heard before. On closer inspection of the other's features and the lines of his body, Hayy recognized the form as his own and realized that the long coat was not a natural skin, but simply a garment intended for use like his own.

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Seeing how abject Absāl made himself, Hayy had no doubt that he was one of those beings who know the Truth.²⁴⁴ He felt drawn to him, and wanted to know what was wrong, what was it that made him cry. He approached closer and closer, but Absāl caught sight of him and fled. Hayy ran after him, and with the power and vigor God had given him, not just mentally, but physically as well, he caught up

with him and seized him in a grip from which he could not escape.

When he got a good look at his captor, clothed in hides still bristling with fur, his hair so overgrown that it hung down over a good part of his body, when he saw how fast he could run and how fiercely he could grapple, Absāl was terrified and began to beg for mercy. Hayy could not understand a word he said. But he could make out the signs of fright and did his best to put the other at ease with a variety of animal cries he knew. Hayy also patted his head, rubbed his sides, and spoke soothingly to him, trying to show how delighted he was with him. Eventually Absāl's trepidation died down and he realized that Hayy did not mean him any harm.

Years before, in his passion for the study of the more sophisticated level of interpretation, Absāl had studied and gained fluency in many languages, 245 so he tried to speak to Hayy, asking him about himself in every language he knew. But Absāl was completely unable to make himself understood. Hayy was astounded by this performance, but had no idea what it might mean—unless it was a sign of friendliness and high spirits. Neither of them knew what to make of the other.

Absal had a little food left over from the provisions he had brought from the civilized island. He offered it to Havy. but Hayy did not know what it was. He had never seen anything like it. Absal ate a bit and made signs to Hayy that he should eat some too. But Hayy was thinking of his dietary rules. Not knowing what the proffered food might be or what it was made from, he had no idea whether he was allowed to eat it or not, so he would not take any. Absāl, however, kept trying to interest him in it, in an effort to win And Hayy, liking him and afraid to hurt his him over. feelings by persistently refusing, took the food and ate some. The moment he tasted how good it was, Havy knew he had done wrong to violate his pledged dietary restrictions. He regretted what he had done and wanted to get away from Absāl and devote himself to his true purpose, a return to sublimity.246

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But this time ecstasy would not come so readily. It seemed best to remain in the sense-world with Absāl until he had found out so much about him that he no longer felt any interest in him. Then he would be able to go back to his station without further distraction.²⁴⁷ So he sought out Absāl's company. When Absāl, for his part, saw that Hayy did not know how to talk, the fears he had felt of harm to his faith were eased, and he became eager to teach him to speak, hoping to impart knowledge and religion to him, and by so doing earn God's favor and a greater reward.²⁴⁸

So Absāl began teaching him to talk, at first by pointing at some basic objects and pronouncing their names over and over, making him pronounce them too and pronounce them while pointing, until he had taught him nouns. Then he progressed with him, little by little and step by step, until in no time Hayy could speak.

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Absal then plied him with questions about himself and how he had come to the island. Havy informed him that he had no idea of his origins. He knew of no father or any mother besides the doe that had raised him. He told all about his life and the growth of his awareness, culminating in contact with the divine. Hearing Hayy's description of the beings which are divorced from the sense-world and conscious of the Truth-glory be to Him-his description of the Truth Himself, by all His lovely attributes,249 and his description, as best he could, of the joys of those who reach Him and the agonies of those veiled from Him, Absal had no doubt that all the traditions of his religion about God, His angels, bibles and prophets, Judgement Day, Heaven and Hell were symbolic representations of these things that Hayy Ibn Yaqzān had seen for himself. The eyes of his heart were unclosed.²⁵⁰ His mind caught fire.²⁵¹ son and tradition were at one within him. All the paths of exegesis lay open before him. All his old religious puzzlings were solved; all the obscurities, clear. Now he had "a heart to understand."252

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Absāl looked on Hayy Ibn Yaqzān with newfound reverence. Here, surely, was a man of God, one of those who "know neither fear nor sorrow." He wanted to serve as his disciple, follow his example and accept his direction in

those things which in Absal's own view corresponded to the religious practices he had learned in his society.²⁵⁴

Hayy then asked him about himself and his life; and Absāl, accordingly, set out to tell him about his island and the people who lived there. He described how they had lived before the advent of their present religion and how they acted now. He related all the religious traditions describing the divine world, Heaven and Hell, rebirth and resurrection, the gathering and reckoning, the scales of justice and the strait way. Hayy understood all this and found none of it in contradiction with what he had seen for himself from his supernal vantage point. He recognized that whoever had offered this description had given a faithful picture and spoken truly. This man must have been a "messenger sent by his Lord." Hayy believed in this messenger and the truth of what he said. He bore witness to his mission as apostle of God. He bore witness to his mission as apostle of God.

What obligations and acts of worship had he prescribed, Hayy asked.²⁵⁸ Absāl described prayer, poor tax, fasting, and pilgrimage, and other such outward practices.²⁵⁹ Hayy accepted these and undertook to observe them. He held himself responsible to practice these things in obedience to the command of one whose truthfulness he could not doubt.

Still there were two things that surprised him and the wisdom of which he could not see. First, why did this prophet rely for the most part on symbols to portray the divine world, allowing mankind to fall into the grave error of conceiving the Truth corporeally and ascribing to Him things which He transcends and is totally free of (and similarly with reward and punishment) instead of simply revealing the truth? Second, why did he confine himself to these particular rituals and duties and allow the amassing of wealth and overindulgence in eating, leaving men idle to busy themselves with inane pastimes and neglect the Truth.260 Hayy's own idea was that no one should eat the least bit more than would keep him on the brink of survival. Property meant nothing to him, and when he saw all the provisions of the Law to do with money, such as the regulations regarding the collection and distribution of welfare or those regulating sales and interest,261 with all their statu146

tory and discretionary penalties, he was dumbfounded. All this seemed superfluous. If people understood things as they really are, Hayy said, they would forget these inanities and seek the Truth. They would not need all these laws. No one would have any property of his own to be demanded as charity or for which human beings might struggle and risk amputation. What made him think so was his naive belief that all men had outstanding character, brilliant minds and resolute spirits. He had no idea how stupid, inadequate, thoughtless, and weak willed they are, "like sheep gone astray, only worse." 262

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Hayy deeply pitied mankind and hoped that it might be through him that they would be saved. He was eager to go to these men to reveal and explain the Truth. He spoke about it with his friend Absāl, asking if he knew any way of reaching them. Absāl warned him how defective they are in character and how heedless of God's Word, but this was not easy for Hayy to understand. His heart was set on what he hoped to accomplish. Absāl himself had hopes that through Hayy God might give guidance to a body of aspiring acquaintances of his, who were somewhat closer to salvation than the rest.²⁶³ He agreed to help with the idea.

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The two men decided to stay by the shore day and night, in hopes that God might give them some ready means of crossing over. And so they stayed, humbly praying God to fortify them with sound judgment. By God's command it happened that a ship lost its course and was driven by the winds and the beating of the waves to their shore. When it came close to land the men on board saw two men on the beach, so they rode in closer and Absal hailed them and asked if they would take them along. The men answered yes and brought them on board. No sooner had they done so than God sent a favorable wind that brought the ship with all possible speed to the island where the two had hoped to go. They debarked and went up to the city. Absāl's friends gathered, and he told them all about Hayy Ibn Yaqzān. They all marvelled at the story. They crowded around him, making much of him, and in fact deeply in awe of him. Absal informed Hayy that of all men this group approached nearest to intelligence and understanding.

Hayy were unable to teach them, it would be all the more impossible for him to teach the masses. The ruler of the island and its most eminent man at this time was Salāmān, Absāl's friend who believed in living within society and held it unlawful to withdraw.

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Hayy Ibn Yaqzān began to teach this group and explain some of his profound wisdom to them. But the moment he rose the slightest bit above the literal or began to portray things against which they were prejudiced, they recoiled in horror from his ideas and closed their minds. Out of courtesy to the stranger and in deference to their friend Absāl, they made a show of being pleased with Hayy, but in their hearts they resented him. Havy found them delightful and continued his exposition of the truth, exoteric and esoteric, night and day. But the more he taught, the more repugnance they felt, despite the fact that these were men who loved the good and sincerely yearned for the Truth. Their inborn infirmity simply would not allow them to seek Him as Hayy did, to grasp the true essence of His being and see Him in His own terms. They wanted to know Him in some human way. In the end Hayy despaired of helping them and gave up his hopes that they would accept his teaching. Then, class by class, he studied mankind. He saw "every faction delighted with its own."264 They had made their passions their god,265 and desire the object of their worship. They destroyed each other to collect the trash of this world, "distracted by greed 'til they went down to their graves."266 Preaching is no help, fine words have no effect on them. Arguing only makes them more pig-headed. Wisdom, they have no means of reaching; they were allotted no share of They are engulfed in ignorance. Their hearts are corroded by their possessions.268 God has sealed their hearts and shrouded their eyes and ears. Theirs will be an awesome punishment.269

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When he saw that the torture pavilion already encircled them and the shadows of the veil already enshrouded them,²⁷⁰ when he saw that all but a very few of them adhered to their religion only for the sake of this world²⁷¹ and "flung away works, no matter how light and easy, sold them for a bad price",²⁷² distracted from the thought of God by

business, heedless of the Day when hearts and eyes will be turned inwards,²⁷³ Hayy saw clearly and definitely that to appeal to them publicly and openly was impossible. Any attempt to impose a higher task on them was bound to fail. The sole benefit most people could derive from religion was for this world, in that it helped them lead decent lives without others encroaching on what belonged to them. Hayy now knew that only a very few win the true happiness of the man who "desires the world to come, strives for it and is faithful."²⁷⁴ But "for the insolent who prefer this life—Hell will be their refuge!"²⁷⁵

What weariness is heavier, what misery more overburdening than recounting all you do from the time you get up to the time you go to bed without finding a single action that did not amount to seeking one of these vile, sensory aims: money making, pleasure seeking, satisfying some lust, venting rage, saving face, performing religious rites for the sake of honor, or just to save your neck!²⁷⁶ All these are only "cloud upon cloud over a deep sea."²⁷⁷ "Not one among you will not descend there—this from your Lord, decreed and sealed."²⁷⁸

Hayy now understood the human condition. He saw that most men are no better than unreasoning animals, and realized that all wisdom and guidance, all that could possibly help them was contained already in the words of the prophets and the religious traditions. None of this could be different. There was nothing to be added.²⁷⁹ There is a man for every task²⁸⁰ and everyone belongs to the life for which he was created. "This was God's way with those who came before, and never will you find a change in the ways of God."²⁸¹

So Hayy went to Salāmān and his friends and apologized, dissociating himself from what he had said.²⁸² He told them that he had seen the light and realized that they were right. He urged them to hold fast to their observance of all the statutes regulating outward behavior and not delve into things that did not concern them, submissively to accept all the most problematical elements of the tradition²⁸³ and shun originality and innovation,²⁸⁴ follow in the footsteps of their

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righteous forbears and leave behind everything modern. He cautioned them most emphatically not to neglect religion or pursue the world as the vast majority of people do.

Hayy Ibn Yaqzān and his friend Absāl now knew that even this aspiring group fell short and could be saved only in their own way. If ever they were to venture beyond their present level to the vantage point of insight, what they had would be shattered,²⁸⁵ and even so they would be unable to reach the level of the blessed. They would waver and slip and their end would be all the worse. But if they went along as they were until overtaken by death, they would win salvation and come to sit on the right. But "those who run in the forefront, those who run in the forefront, they will be brought near." ²⁸⁶

So, saying goodbye to them, the two left their company and discreetly sought passage back to their own island.²⁸⁷ Soon God—exalted be He—gave them an easy crossing. Hayy searched for his ecstasy as he had before, until once again it came. Absāl imitated him until he approached the same heights, or nearly so. Thus they served God on the island until man's certain fate overtook them.

And this-may God give you spirit to strengthen you-is the story of Hayy Ibn Yaqzan, Absal and Salaman. It takes up a line of discourse not found in books or heard in the usual sort of speeches. It belongs to a hidden branch of study received only by those who are aware of God and unknown to those who know Him not. In treating of this openly I have broken the precedent of our righteous ancestors, who were sparing to the point of tightfistedness in speaking of it. What made it easy for me to strip off the veil of secrecy and divulge this mystery was the great number of corrupt ideas that have sprouted up and are being openly spread by the self-styled philosophers of today, so widely that they have covered the land and caused universal damage. Fearing that the weak-minded, who throw over the authority of prophets to ape the ways of fools, might mistake these notions for the esoteric doctrines which must be kept secret from those unfit to know them, and thus be all the more enticed to embrace them. I decided to af155

ford them a fleeting glimpse of the mystery of mysteries to draw them to true understanding and turn them away from this other, false way.²⁸⁸

Nonetheless I have not left the secrets set down in these few pages entirely without a veil—a sheer one, easily pierced by those fit to do so, but capable of growing so thick to those unworthy of passing beyond that they will never breach it.

Of my brothers who read these words²⁸⁹ I ask indulgence for my loose exposition and lack of rigor in demonstration. My only excuse is that I had risen to pinnacles higher than the eye can see, and I wanted to try, at least, to approach them in words so as to excite desire and inspire a passion to start out along this road.

Of God I ask forgiveness, and pray Him to purify our knowledge of Him, for He is bountiful and it is He Who bestows all blessings. Farewell my brother, whom it was my duty to help. The blessings and the mercy of God upon you!